

Washington Traumatic Brain Injury Resource Coordination Services

a demonstration project to provide state-wide resource and service coordination for traumatic brain injury survivors and those advocating on their behalf—usually family members or unpaid caregivers.



To Apply:

**Call the toll-free WA TBI Helpline:
1-877-824-1766**

Funded by the Washington TBI Fund as administered by the Department of Health and Human Services (DSHS). Also supported by in-kind contributions from members of the Washington Adult Day Services Association and its community partners.



Washington Adult Day Services Association

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Washington Adult Day Services Association



1. To improve the quality of life for persons with traumatic brain injury (TBI) and their families.
2. To assist TBI survivors and their families with "filling in the gaps."

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Carla-Jo Whitson, MSW

360-991-4928

Goals

1. To improve the quality of life for persons with traumatic brain injury (TBI) and their family members.
2. To assist TBI survivors and their families with "filling in the gaps."



Call
WA TBI Helpline
toll-free
1-877-824-1766
and request
Resource
Coordination

Resource Coordinators

1. Work face-to-face with survivors and their families to assess their current resources and needs.
2. Develop a comprehensive person-centered plan of care.
3. Provide referrals to available resources and services.
4. Coordinate resources and services for individual client advocacy.
5. Bridge gaps in the survivor's and/or family's service delivery system.
6. Assure sustainability for the survivor's and family's future access to community resources.
7. Master-level social workers working with a consulting psychologist and our partners at the TBI Helpline (40 hours per week, Master and PhD-level counselors trained in TBI issues).



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Resource Coordination

Or contact our Coordinators Directly:

Seattle: Elderhealth Northwest
206-224-3768

Spokane: Providence Adult Day Health Centers
509-482-2475

Tacoma: Cascade Park Active Day
253-572-0383

Vancouver: CDM Adult Day Services Center
360-991-4928



Criteria for Participation

Participant:

1. was injured or diagnosed from the referral source with a traumatic brain injury **within the past five (5) years;**
2. resides in the State of Washington;
3. has a recognized need that would benefit from increased links to resources and support;
4. has no substance abuse problems that would interfere with participation;
5. is not currently participating in a similar TBI management or TBI study program;
6. Participant or designated representative agrees to share protected health information and has or have the ability to participate in forming goals.

Resource List

Brain Injury Associations

- **American Stroke Association:** <http://www.strokeassociation.org>
- **National Stroke Association:** <http://www.stroke.org>
- **Brain Injury Association of America:** <http://www.biausa.org>
- **Brain Injury Association of Oregon:** <http://www.biaoregon.org>
- **Brain Injury Association of Washington:** <http://www.biawa.org>
- **TBI web site:** www.tbiwashington.org

Support Groups

- **Care Givers Support Groups**
 - **CDM ADC Caregiver Support Group**, 2409 Broadway, Vancouver, WA, 1st Thursday 5-6:30 pm and Last Thursday 3-4:30 pm
- **Disability Resources of SW Washington**
2700 NE Andresen Road, Suite D5, Vancouver, WA 98661, 360-694-6790
 - **Women with Disabilities Support Group:** 1-2pm, 1st Thursday of each month
 - **TBI SUPPORT** 1:00 to 2:00 pm, 2nd and 4th Thursdays of each month
 - **Brain Injury/Stroke Support Group:** 2-3 pm: 3rd Thursdays of each month
- **Southwest Washington Medical Center Health Education Center**
600 NE 92nd Avenue, Vancouver, WA, 360-514-3273
 - **Brain Injury/Stroke Support Group:** 5:30 – 7:30pm: 1st Thursdays

Informational Websites

- **Brain Injury Resource Center:** <http://www.headinjury.com>
- **Headstrong:** <http://www.headstrongforlife.org>
- **Disability Resources:** <http://www.darsw.com>