

HEALTH ADVISORY



Public Health
Prevent. Promote. Protect.

REGION IV PUBLIC HEALTH

Clark, Cowlitz, Skamania, Wahkiakum
counties and Cowlitz Tribe

TO: Physicians and other Healthcare Providers

Please distribute a copy of this information to each provider in your organization.

Questions regarding this information may be directed to the following Region IV health officers:

Alan Melnick, MD, MPH, CPH

Clark County Public Health, (360) 397-8412

Sarah D. Present MD, MPH

Skamania County Community Health, (509) 427-3850

Wahkiakum County Health & Human Services, (360) 795-6207

Jennifer Vines, MD, MPH

Cowlitz County Health & Human Services, (360) 414-5599

Alert categories:

Health Alert: conveys the highest level of importance; warrants immediate action or attention.

Health Advisory: provides important information for a specific incident or situation; may not require immediate action.

Health Update: provides updated information regarding an incident or situation; no immediate action necessary.

Summary

CDC has received an increased number of reports of suspected acute flaccid myelitis (AFM) from May through July 2016; this increase is notable when compared to the same period in 2015. **Clinicians are encouraged to maintain vigilance for cases of AFM among all age groups and to report cases of AFM to their local health department** (Region IV health departments are listed at the end of this advisory). Reporting of cases will help states and CDC monitor the occurrence of AFM and better understand factors possibly associated with this illness.

Background

From January 1, 2016 through July 31, 2016, CDC received 49 reports of suspected AFM in persons from 22 U.S. states; 27 met the Council of State and Territorial Epidemiologists (CSTE) case definition for confirmed AFM and 4 were classified as probable. During the same period in 2015, CDC received 8 reports of suspected AFM, of which 5 were classified as confirmed. Among the 27 confirmed cases reported in 2016, median age was 5 years (range, 5 months – 18 years). Dates of onset for confirmed cases ranged from January 19 through July 23, 2016; 74% (20/27) had onset of limb weakness after May 1, 2016. Pleocytosis was present in 85% (23/27) of confirmed AFM cases with a median CSF cell count of 46/mm³ (range, 6-1460/mm³). To date, no single pathogen has been consistently detected in CSF, respiratory specimens, stool, or blood at either CDC or state laboratories.

Recommendations

In response to the increase number of reported suspect AFM, CDC recommends the following:

- **CASE REPORTING:** Clinicians should report suspect cases of AFM, irrespective of laboratory results suggestive of infection with a particular pathogen, to their local health department using the patient summary form (<http://www.cdc.gov/acute-flaccid-myelitis/hcp/data.html>). Copies of spinal cord and brain MRI reports should be provided along with the patient summary form.
 - ➔ Reports from suspect cases of AFM will be submitted to CDC for determination of case status (i.e., confirmed, probable, not a case).
- **LABORATORY TESTING:** Clinicians should collect specimens from patients suspected of having AFM as early as possible in the course of illness (preferably on the day of onset of limb weakness).
 - ➔ The following specimens should be collected: CSF; whole blood; serum; peripheral blood mononuclear cells (PBMC); stool; a nasopharyngeal aspirate, nasopharyngeal wash, or nasopharyngeal swab (with lower respiratory specimen if indicated); and an oropharyngeal swab.
 - Please note: Collection of stool is required for AFM surveillance. Two stool specimens should be collected at least 24 hours apart early during the course of illness to rule out poliovirus infection.

- ➔ If suspect cases are determined by CDC to meet the AFM case definition, the local health department will work with clinicians to facilitate submission of remaining specimen samples to CDC for additional testing. Further instructions regarding specimen collection and shipping can be found at: <http://www.cdc.gov/acute-flaccid-myelitis/hcp/instructions.html>.

For more information

- Information to help clinicians and public health officials manage care of persons with AFM that meet CDC's case definition was posted in 2014 and can be found at: <http://www.cdc.gov/acute-flaccid-myelitis/downloads/acute-flaccid-myelitis.pdf>
- AFM surveillance: <http://www.cdc.gov/acute-flaccid-myelitis/afm-surveillance.html>
- AFM resources and references: <http://www.cdc.gov/acute-flaccid-myelitis/references.html>

The CSTE standardized case definition for AFM is:

Clinical Criteria:

- An illness with onset of acute focal limb weakness AND
- a magnetic resonance image (MRI) showing spinal cord lesion largely restricted to gray matter* and spanning one or more spinal segments, OR
- cerebrospinal fluid (CSF) with pleocytosis (white blood cell count >5 cells/mm³)

Case Classification:

- **Confirmed:**
 - ➔ An illness with onset of acute focal limb weakness AND
 - ➔ MRI showing spinal cord lesion largely restricted to gray matter* and spanning one or more spinal segments.
- **Probable:**
 - ➔ An illness with onset of acute focal limb weakness AND
 - ➔ CSF showing pleocytosis (white blood cell count >5 cells/mm³).

**Terms in the spinal cord MRI report such as "affecting mostly gray matter," "affecting the anterior horn or anterior horn cells," "affecting the central cord," "anterior myelitis," or "poliomyelitis" would all be consistent with this terminology. If still unsure if this criterion is met, consider consulting a neurologist or radiologist directly.*

<http://c.ymcdn.com/sites/www.cste.org/resource/resmgr/2015PS/2015PSFinal/15-ID-01.pdf>.

Region IV Health Departments

Clinicians should report suspect cases of AFM to their local health department:

- Clark County Public Health: (360) 397-8182.
- Cowlitz County Health Department: (360) 414-5599
- Skamania County Community Health: (509) 427-3850
- Wahkiakum County Health and Human Services (360) 795-6207

Thank you for your partnership.

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