

# Vancouver Lake Park and Frenchmans Bar Park

COLUMBIA RIVER TRAIL

3.7 miles

**EASY** MODERATE DIFFICULT



**FRENCHMANS BAR PARK:**  
9612 NW LOWER RIVER ROAD

**VANCOUVER LAKE PARK:**  
6801 NW LOWER RIVER ROAD

Frenchman's Bar is a lush 120-acre regional park located on the Columbia River. Vancouver Lake Park is a 234-acre park that stretches for 2.5 miles along Vancouver Lake. Enjoy picnicking, play equipment, sand volleyball, and more at both of these locations. Swimming is allowed at Vancouver Lake Park, but NO lifeguards are on duty; the lake is also great for beginning windsurfing and canoeing. Both parks have spectacular views of the surrounding landscape (including the Columbia River, Mt. Hood, Mt. Adams and Mt. St. Helens), wildlife, and migratory waterfowl. The 2.5-mile, 12-foot wide, paved Frenchman's Bar Trail connects the two parks.

**FACILITIES**  
Frenchmans Bar Park:  
Picnic sites, outdoor amphitheater, beach access to river, 8 sand volleyball courts, interpretive signs, fishing, play equipment, restrooms, viewpoint  
Vancouver Lake Park:  
Picnic sites/shelters, swimming area/sand beach, play equipment, sand volleyball courts, play field, restrooms, parking

**DIRECTIONS**  
By car:  
I-5 to either Mill Plain or Fourth Plain Exit; W on Fourth Plain or Mill Plain (both become Lower River Road); N on Lower River Road to parks

By bus: None  
HOURS: 7 a.m. to dusk

**FEES**  
Parking fees were eliminated in 2013

