

APPLY NOW

to be a Clark County Teens for Tomorrow PEER EDUCATOR!

Applications due Tuesday, June 4, 2024



Fall Training

All 30 of us spend a weekend having a lot of fun getting to know each other, learning about prevention and how to be peer educators.



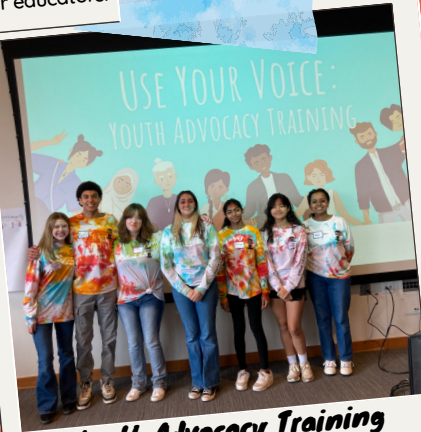
In-Person Meetings

We like to keep things fun so sometimes we have games or competitions, or do outreach projects like writing letters to teens in recovery.



Trainings, Conferences, & More

Through the year, there are extra opportunities we can travel to attend, like Spring Youth Forum, Prevention Summit, and more.



Youth Advocacy Training

Every fall, TFT members lead a training for other youth about how to speak up for the things you believe in.



Prevention Policy Day

10 of us travel to Olympia and meet with our legislators to talk about ideas we think could prevent teen drug and alcohol use.



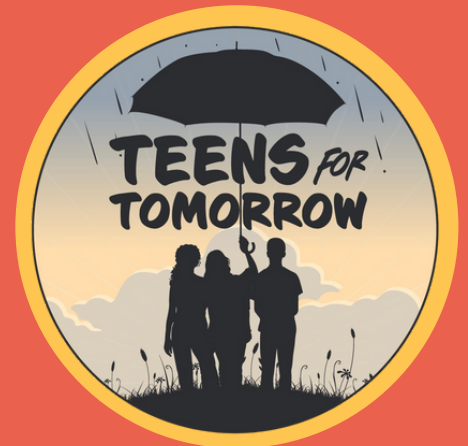
Drug Take Back

Once or twice a year, we participate in Drug Take Back which gives people a safe place to get rid of their unused medication.



Peer Education Project

Every year we think of a fun way to share our knowledge and resources with our peers, like teaching coping skills at Boys and Girls Club.



@TeensForTomorrowClarkCounty

TeensForTomorrow.clark.wa.gov

What is Teens for Tomorrow (TFT)?

We are a group of youth (ages 12 - 18) in Clark County, WA who want to be a part of the solution for preventing addiction and improving mental health in our generation and in our community. We think every youth voice is important, and we want to be an inclusive, nonjudgmental, and safe space for people our age to talk about experiences, share information/resources, and figure out together what we want our future to look like and how we can make it happen.

Who should apply?

If you are 12 to 18, live in Clark County (WA), and want to teach other teens healthy ways to cope with stress, **YOU SHOULD DEFINITELY APPLY!!!** No volunteer experience, prevention knowledge, or leadership experience is required to apply. One of the best parts of TFT is that this is the perfect place to learn new skills without having to worry about what everyone thinks because we get what it's like. We value having people with diverse backgrounds and experiences join our group because we are able to learn from each other's experiences and become stronger peer educators. TFT needs member representation from youth who have had past use/experimentation but are no longer using, youth who are in recovery, and youth who have never used substances. All of these voices are needed in prevention work!

What would be expected of me if I apply?

All TFT members must commit to serving at least a one-year term (September to June), although many of us love it so much that we commit to serving more. We meet on the second and fourth Monday of each month from 6:30-8:30 pm and it's really important to us that you're able to attend these general meetings. We also meet in smaller groups so we can successfully carry out the projects we design. In all, it's pretty normal we each volunteer 4-8 hours each month. If accepted, you will have to attend our annual TFT Fall Training, which is mandatory and will be Saturday, September 7 from 9 am to 6 pm and Sunday, September 8 from 9 am to 6 pm, and will take place in person unless local and state public health officials deem otherwise. Lastly, because of the work we do, it is important you are committed to not using alcohol, vape or other drugs as a TFT member.

What members say about TFT:

I was hesitant at first to open up but it was here where I learned that I mattered. I enjoyed helping with the events but it was when I met one-on-one with other volunteers and listened to my new friends' stories about their lives that I saw I had lots in common with them. I could relate to the pressure they felt from parents, the difficulty of talking about their feelings, and not having somebody to talk to. ... I learned at TFT not only about drugs in general, but how to take care of myself, others, and learned to empathize with those who do abuse drugs because they're not the problem-- they are a symptom of the problem. I learned how important prevention was in general.

When I first heard about TFT, I never knew the platform it would give me to find my voice when I thought it had been taken from me. Even today, I'm still learning ...

I have gained public confidence and speaking skills from TFT. ... TFT has provided [a place for] me to make new friends and explore possibilities I never knew were there until now. ... TFT has been and always will be my anchor to the world.

TFT has provided a place of safety and support for me this year. When things weren't always the best, I knew I could come and be myself and know that I could escape from things here. [...] TFT is a group of passionate, hardworking, down-to-earth individuals who all influence and lead with service, kindness, and example.

TFT has become my second family and the Youth House has become a safe space for me. None of us are here to judge, shame, or exclude anyone; we are all here to provide each other with a sense of love and belonging. The peers here that I have seen be vulnerable, have fueled me with strength to be as brave as they were. We choose to be vulnerable to express who we are and do what humans do best: connect.



Please email your completed application or complete the Google Form application (teensfortomorrow.clark.wa.gov/apply) no later than **Tuesday, June 4, 2024**.
If you need more room to write, feel free to use your own paper and attach it to your application. **Questions?**
Contact our program coordinator, Alaina Green, at alaina.green@clark.wa.gov or text/call 360.831.2090.

First and last name: _____

Optional: How would you pronounce your name phonetically?

For example Jess-i-ka (Jessica) or Ah-lane-Ah (Alaina).

Mailing address: _____

City: _____ ZIP code: _____

Your phone number: _____ Can we text you? _____

Parent or guardian's phone number: _____ Can we text them? _____

Your email address: _____

(Please provide a non-school email address. If not possible, provide a school email address.)

Your parent/guardian's email address: _____

Date of birth: _____

Next Fall, I will be in ____ grade and attending _____
(school)

Optional:

Race/Ethnicity: _____ Gender: _____

Pronouns: _____ (examples: he, she, they, sie, ze)

1. What do you like to do for fun?

2. What is a motto or quote that inspires you?

3. Please describe something/someone positive in your life. How does it/do they impact you? (You can list more than one)

4. What other activities/classes are you involved with in school hours and outside of school hours (AP or IB classes, leadership roles, clubs, volunteer roles, faith-based, babysitting, sports, job, family-related, theatre, chores, band)?

5. Why are you interested in becoming a peer educator for alcohol and other drug use prevention?

6. How would you benefit from being a member of TFT?

7. Optional Questions (Feel free to answer one, both or neither of these questions)
1) How was your day? 2) What was the best part of your day?

8. Do you have any obligations on Monday evenings from 6:30-8:30 pm in the fall, winter or spring? If you have other commitments on Mondays, what is your plan to make time for TFT? (We meet on the second and fourth Mondays each month from 6:30-8:30 pm and sometimes schedule smaller group meetings on other Mondays of the month)

9. As a part of TFT, what are some skills you would like to learn or improve?

- | | | |
|------------------------------------------|---------------------------------------------------------|----------------------------------------------------------------------------------------------------|
| <input type="checkbox"/> Leadership | <input type="checkbox"/> Time management | <input type="checkbox"/> Learning about prevention science |
| <input type="checkbox"/> Communication | <input type="checkbox"/> Leading a meeting | <input type="checkbox"/> Making friends with people from diverse backgrounds and different schools |
| <input type="checkbox"/> Healthy coping | <input type="checkbox"/> Talking in front of groups | <input type="checkbox"/> Building partnerships with other organizations |
| <input type="checkbox"/> Self-esteem | <input type="checkbox"/> Advocacy (sharing my voice) | |
| <input type="checkbox"/> Confidence | <input type="checkbox"/> Decision making & planning | |
| <input type="checkbox"/> Inclusion | <input type="checkbox"/> Planning events | |
| <input type="checkbox"/> Public Speaking | <input type="checkbox"/> Leading activities & workshops | |

10. How did you hear about TFT?

- | | | |
|--------------------------------------------|----------------------------------------|---------------------------------------------------------------------|
| <input type="checkbox"/> Newspaper | <input type="checkbox"/> Family member | <input type="checkbox"/> Current or former TFT member (name): _____ |
| <input type="checkbox"/> Friend | <input type="checkbox"/> Facebook | |
| <input type="checkbox"/> Coalition | <input type="checkbox"/> Instagram | |
| <input type="checkbox"/> Teacher/counselor | | <input type="checkbox"/> Other: _____ |

Please read and check the boxes below if these work for you:

- I understand that TFT Fall Training is mandatory and will be held in person Saturday, September 7 from 9 am to 6 pm and Sunday, September 8 from 9 am to 6 pm.
- During next school year (September - June) I am available to attend TFT meetings on the second and fourth Monday from 6:30-8:30 pm of each month; meetings may change due to holidays.
- If I am offered a position, I agree to meet with the program coordinator two times a year to discuss my strengths and goals. These meetings may be in person or on Zoom.
- I understand interviews will take place on June 17, 18, 21, and 22 and, if offered an interview, TFT will do its best to offer a time that works best for me. Interviews will be in person; if circumstances change, TFT will let me know when scheduling interviews.

Are there any reasonable accommodations we can provide to help you feel comfortable, such as an interpreter, or other considerations we should make in the interview process? If so, please describe.

If you have any barriers to video conferencing (such as Zoom), please let us know here:

Signature _____ Date _____

When you're done, please turn this application in by

Email: alaina.green@clark.wa.gov

Google Form: teensfortomorrow.clark.wa.gov/apply

Thank you so much for applying! We'll contact you for an interview!