



Clark County Commission on Aging
Webex Remote Meeting
Vancouver, Washington

Mini-Retreat Notes

Wednesday, January 20, 2021

3:30 p.m. – 5:30 p.m.

Members Present: Chuck Green (Chair), Larry Smith (Vice Chair), Nancy Dong, Amy Gross, Franklin Johnson, Meghan McCarthy, Linda O'Leary, Tanya Stewart, Pam Wheeler

Staff: Jacqui Kamp, Jenna Kay

Dec. 16 COA meetings

- Meeting notes approved. No edits.

Feb. 17 Annual Meeting Prep

- Chuck met with the Council Chair and County Manager to review the February meeting agenda.
- Public comment: the group confirmed it will be kept on the meeting agenda. If they are short on time, they can let members of the public know they can submit comments by email to the commission.
- **ACTION ITEM: staff to double-check there is information on the commission's webpage on how to provide comments. This information will also be included in the meeting notification that goes out through the commission's email distribution list.**
- Presentation to Council will include 2020 annual report and 2021 look ahead
- **ACTION ITEM: staff to adjust wording on meeting agenda about interactive presentation.**
- Addition to annual report take-aways: challenge/opportunity in coordinating and working together. Ex. of coordination is Clark County Food Bank collaborating with other service providers. Recommendation to look for opportunities to help make coordination easier.
- Example of service provider adaptation to highlight in annual report: Meals on Wheels elegant solution of weekly shelf-stable food delivery and phone connection service.
- The commission approved the annual report take-aways and directed staff to move forward and finalize the annual report
- Presentation approach: 1) staff to draft PowerPoint and script; 2) confirm presenters; 3) presenters can further edit script for their slides.
- Linda provided suggested ideas for 2021:
 - Housing: needs increase and become more acute the longer we are in the Pandemic. Rent, mortgage; payments, evictions, and an unknown future loom overhead..'
 - Transportation
 - Volunteers
 - Funding



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- Technology
- Grantmakers in Aging. Clearinghouse for grants and amazed at what done in various communities.

Member highlight: Franklin Johnson – deferred to next meeting

2021 calendar

- Jacqui introduced draft calendar. Staff to update and post to commission on webpage.
- **ACTION ITEM: staff to add list to bottom of calendar with information about key liaison group meetings (i.e. monthly, quarterly, etc.)**

2021 focus proposal discussion: Impact of COVID-19 and the road to recovery for an aging population

The group agreed on the following 2021 work program

- Focus: Impact of COVID-19 and the road to recovery for an aging population
- Structure:
 - Monthly meetings
 - No prepared presentations or slides
 - Invite speakers to be interviewed/participate in roundtable discussion
 - Format: share roughly 3-5 questions with speaker before meeting, one COA member will serve as the interviewer/moderator for each interview, will start the interview with prepared questions and then open up for roundtable discussion with COA members. Will also still take questions from members of the public. This is essentially the “Rotary Club Model”
 - Goal is to leave each meeting with a recommendation or next step. Group can revisit recommendations/next steps at each meeting and build on them throughout the year.
 - A few COA members are on point for each topic to refine monthly topic, identify speakers to invite, develop interview questions. One member of planning team will serve as the interviewer/moderator for that month. That person will help staff brief the guest and be invited to join the Chair and Vice Chair at their monthly prep meeting with staff.
- Topics:
 - **2021 Road to Recovery kick off meeting/overview – frame other topics**
 - Possible speakers: Alan DeLaTorre, Corey Bolkan (Gerontologists)
 - COA planning group: Chuck
 - **First and Early Responders**
 - Possible speakers: Red Cross, CRESA, public health
 - COA planning group: Amy, Franklin
 - **Health & Wellbeing: Access to Care (i.e. Telehealth), Accurate Information, Vaccinations, Healthy Practices (i.e. masks), Mental Health**
 - Possible speakers: health system community engagement systems, local programs (i.e. Community Home Health and Hospice)
 - COA planning group: Tanya, Meghan, Pam, Nancy
 - **Healthy and Connected Communities: Intersections/Opportunities**
 - Possible speakers: blue zone expert, youth/schools-older adult program, phone-call/loneliness program, transit and connecting people and places
 - Later in year (makes more sense once out of crisis)
 - COA planning group: Tanya, Chuck
 - **Personal Economics/Financial recovery**

- Possible speakers: Scott Bailey, State Economist; Max Ault, WSU-V; Kelly Love, Clark College
 - COA planning group: Chuck
- **COVID-19 updates/current issues – short updates, standing agenda item at each meeting**
 - Possible speakers: Dr. Melnick or public health staff
 - COA planning group: Amy
- Additional work items may include the following:
 - By-law review
 - Review and feedback on local housing action plans, county Transportation System Plan, other possible county projects
 - Silver Citizen Award
 - COA member application reviews/interviews/recommendations
 - Aging Readiness Plan review
- Public comment: there were no public comments on the proposed 2021 work plan
- **ACTION ITEMS:**
 - **Staff to follow-up with volunteers for each topic to start organization/coordination/scheduling**
 - **Staff will keep group updated as presenters are scheduled**

Commissioner communications

- **Amy:** recommended book *The Great Influenza*
- **Franklin:** recommended PhaseFinder application for COVID-19 vaccinations and noted that CDBG allocation of funds with City of Vancouver will likely be related to response to COVID-19 situation
- **Nancy:** received call from Aaron Marvin, a builder and member of the Building Industry Association (BIA) regarding interest in ADUs in the rural area for older residents. Suggested as topic to follow-up on at a future meeting.
- **Chuck:** ACTI Quarterly meeting: in the future, may bring grants in front of COA for resolution of support. The USDOT has its first accessibility transportation plan available for review and comment. Chuck will be filming a video with CVTV about COA, it will air in February.

Next Meeting: February 17, 2021 – 3:30pm.

Adjournment: The mini retreat adjourned at 5:40 pm.

The Clark County Commission on Aging provides leadership in community engagement and advocacy of Clark County's Aging Readiness Plan, especially for those 65 and over who plan to age in place.