

VAB Agenda – 3/11/2021

- (info) I. Call to Order/Invocation/Roll Call
- (action) II. Approval of February 11, 2021 minutes
- (info) III. WDVA Service Officer presentation
- (info) IV. Chronic Disease/ Pain Management presentation
- (info) V. Myofascial Release information
- (info) VI. Committee Reports – Appeals/Policies
- (info) VII. January 2021 Contractor & Fund reports
- (info) VIII. Veterans Assistance Center update
- (info) X. Old and New Business
- (info) XI. Open Forum



Agenda Item I. Call to Order/Invocation/Roll Call



Agenda Item II. Approval of February 11 minutes

Approval of 2021 Members-at-Large

Six members at large submitted letters of intent for 2021. **Motion made by Steve Slegers, seconded by John Lovejoy, approved.**

January 14, 2020, Meeting Minutes approved following a motion by Steve Slegers that was seconded by Les Schreiber

SW WA Free Clinic Veteran Dental Program

Update given by Catherine Bean, the new dental program manager: The pandemic attributed to a lower turnout for the program.

Committee Reports

Policies and Procedures: The Policy committee met and proposed two changes to the Policies and Procedures. One change will allow additional assistance during a declared emergency and the limitation on security deposits for Veterans in a rental assistance program is removed.

Motion made by Jim Jensen to approve the policy so it can move forward to legislators for approval. Motion seconded by Bruce Maas, all in favor; motion passed. (editor's note: additional auto repair policy change recommended and approved during Open Forum)

December 2020 Contractor Reports & Fund Report and 2020 Year-End

The fund assisted 54 Veteran households. The Veterans Assistance Center received 149 Veteran visits for essentials and food. The Free Clinic assisted one Veteran, billing the fund \$2,176. WDVA had 515 fourth quarter claims with an 80% approval rating resulting in \$96,176 in VA pay. The fund balance at the end of November was \$728,308. 2020 vs. 2019 Fund services all decreased, except for burial services, 19 Veterans were moved out of homelessness for a total cost of \$21,920, with past debt assistance playing a large role. There were 7,747 Veteran visits in 2019 vs. 3,208 Veteran visits in 2020, largely due to the pandemic. WDVA service officer filed 1,767 claims in 2020 but had a higher percentage approved, resulting in increased VA payments to Clark County Veterans. WDVA will present at next month's meeting.

Veterans Assistance Center (VAC) Update

The VAC is getting ready for their online auction (gift baskets). Veterans by Name List (VBNL) update given by Sharon Tyre. VBNL committee is made up of homeless providers and Veterans service providers to help Veterans who are homeless get into housing, prioritizing those over 65.

Open Forum

Mike Gibson discussed an appeal request for Auto Repair, suggested raising the auto repair limit from \$1,000 to \$2,000. **Jim Jensen motioned as a policy change; no one opposed. Motion approved to raise the limit for auto repairs to \$2,000 for 12-months.**

Windhaven Therapeutic Riding offered a tour of their facility. Please let Samantha Whitley know if you are interested in a tour.



Agenda Item III. WDVA Service Officer Program

- Steven Gill, Veterans Services Administrator

Clark County CVSO Contract - 2020					
Quarters	1st QTR	2nd QTR	3rd QTR	4th QTR	YTD
1) No. of Claims	462	288	502	515	1767
2) No. of Medical Issues	278	123	107	149	657
3) Batting Average	82%	81%	86%	80%	83%
4) VA Payments	\$1,250,909	\$555,521	\$337,667	\$96,176	\$2,240,273



Agenda Item IV. Chronic Disease/Pain Management

- Zena Edwards, WSU Extension Clark County

Disease Management Workshops

- **February 18 -
March 25**
Thursdays
1:30 - 4:00 pm
- **April 16 -
May 21**
Fridays
10:00 am - 12:30 pm
- **October 12 -
November 16**
Tuesdays
9:00 am - 11:30 pm

Registration:
<https://cutt.ly/sj0eVjE>

Pain Management Workshops

- **March 16th -
April 20th**
Tuesdays
2:00 pm - 4:30 pm
- **May 12th -
June 16th**
Wednesdays
5:30 pm - 8:00 pm
- **July 21st -
August 25th**
Wednesdays
1:00 pm - 4:30 pm

Register:
<https://cutt.ly/LivingaHealthyLife>



Agenda Item V. Myofascial Release Information

- **Katie Allen, LMT - Cell# (360)977-0713**

Websites

- www.healingmfr.com
- www.myofascialrelease.com
- <https://www.massagemag.com/therapeutic-insight-the-myofascial-release-perspectivewounded-warriors-7856/>
- <https://warriorrecoverynetwork.org/> - This is a resource of John F Barnes Myofascial Release Therapists that give discounted or free treatments to veterans around the country.
- <https://www.myofascialrelease.com/resources/therapeutic-insight.aspx>

Books

- Waking The Tiger by Peter Levine
- The Body Keeps Score by Bessel Van der Kolk, MD
- Healing Ancient Wounds: The Renegade's Wisdom by John F Barnes



Agenda Item VI. Committee Reports

Appeals

Policies and Procedures

- County Council approved recommended policy changes



Agenda Item VII. January Contractor & Fund Reports

- **CCVAC**

- 33 Veterans served in January, services totaling \$33,595
- 31 men, 4 women Veterans
- 119 visits to the center for essentials and food, 110 meals served
- 254 Volunteer hours, totaling \$6,284 value

- **Free Clinic**

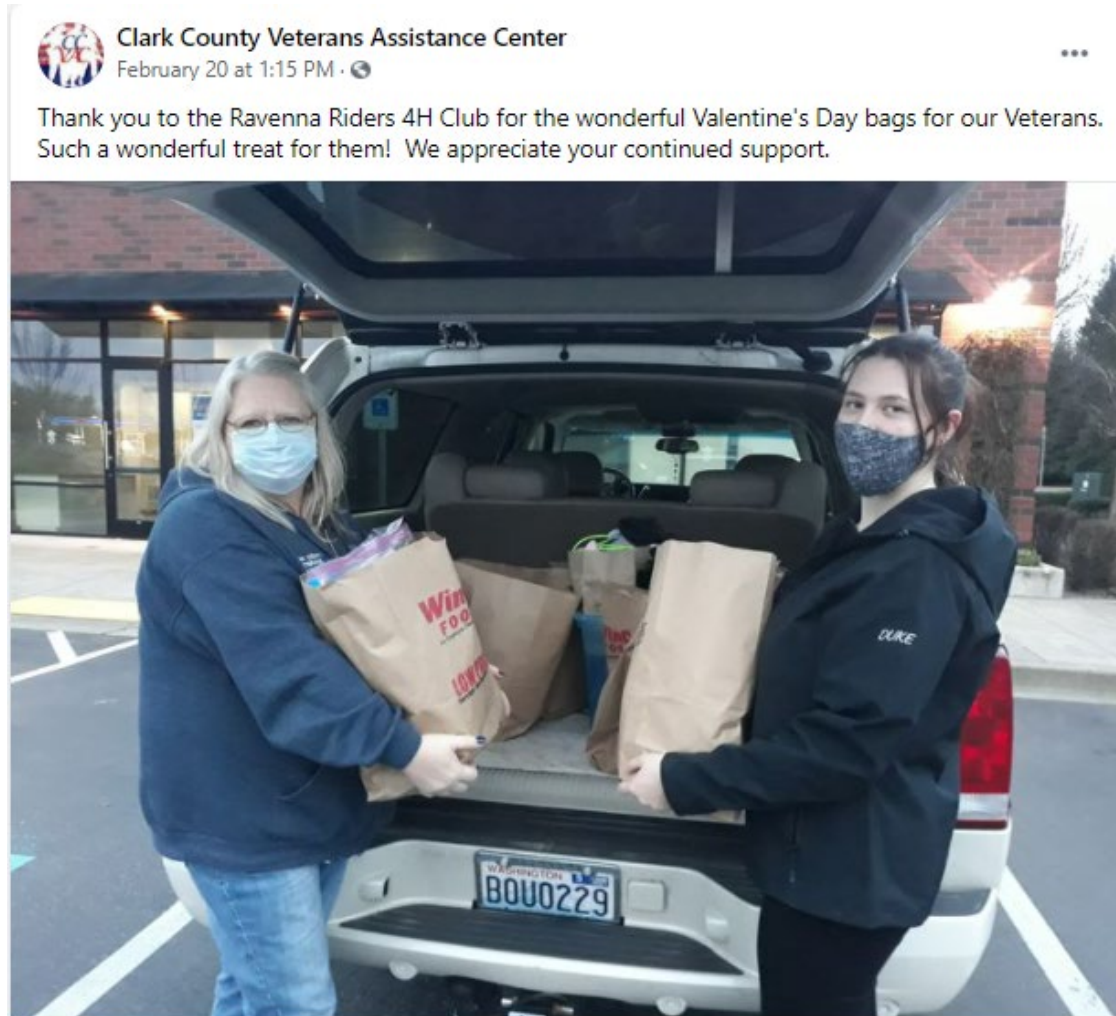
- One Veteran – missed appointment.
 - Billing: \$649.

- **Fund**

- Revenue: \$1,838. Expenses: \$2,888. Balance: \$727,258



Agenda Item VI. CCVAC updates



Agenda Items VIII. – XI.

- **Old Business**
- **New Business**
- **Open Forum**
- **Adjourn**

Next meeting: April 8, 2021

