#### WELCOME! Community Action Advisory Board Meeting

- This meeting is being recorded.
- Please identify yourself when talking so we can capture accurate minutes.
- "Chat" function has been disabled due to public disclosure rules.
- Closed Captioning now available



- Turn on Webex Assistant and follow the prompts to turn on closed captioning
- Lock participant videos in Webex
  - Lock up to 6 participants to see them regardless of who is speaking
  - Each person can customize their own set of pinned participants
  - Hover over the thumbnail location you want to lock a participant to
  - Click on More and select Lock a participant to this location
  - Select the participant from the list you want to lock in that position



#### Agenda Items

- Introductions (info)
- Community Action Programs (CAP) and Homeless Crisis Response System (HCRS) Request for Application presentations
  - Various agencies



- Applicants have 5 minutes to present their application
  - Timer appears on the screen
  - Presenters will be muted after 5 minutes

• CAAB has 5 minutes to ask questions about the application



# Clark College, Financial Wellness Program



# Clark College Financial Wellness Program to Address Intergenerational Poverty

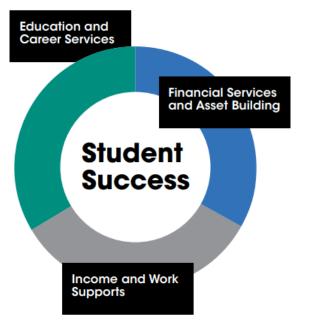
Cath Busha, Dean of Student Engagement Heather Palow, Financial Wellness Program Manager





#### **Financial Wellness Program**

#### Achieving the Dream: Integrated Student Support Services in Action



#### **Proposed Project:**

 The Financial Wellness Manager/Coach will continue to provide individualized support to build self-sufficiency and increase the likelihood of students meeting their economic, education, and career goals.

#### **Program Design**

Personalized support – with a trauma-informed care approach – for students to understand their financial situation, and provide the tools to make informed decisions with their financial resources.

**Target Population:** Primarily partnering with students in the Workforce Education Services (WES) program. Additionally, low-income students not enrolled in WES programs would still be eligible for services.

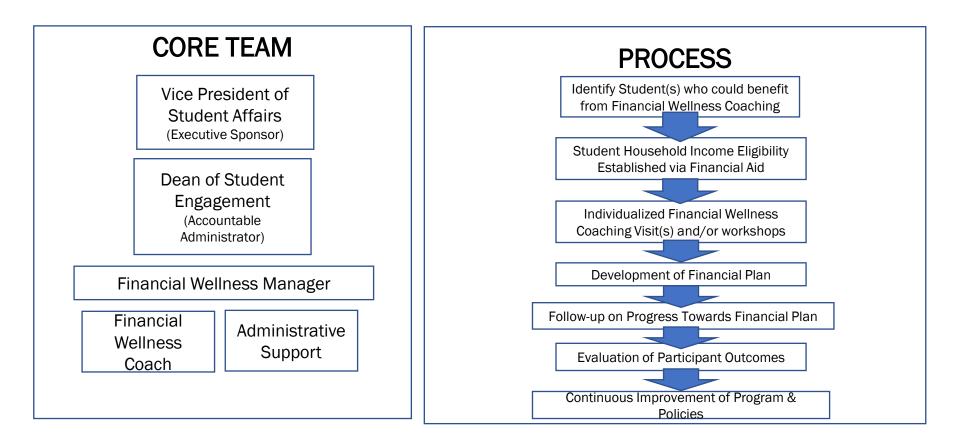
#### Funding Request: \$75,000

- Personnel: Financial Wellness Coach/Manager (0.7 FTE)
- Part-Time Administrative Assistant



#### | Clark College

#### **Program Design**



#### **Program Outcomes**

Participants – at least 230 - will **develop a Financial Plan** with direct support from the Financial Wellness Coach to pay for academic and non-academic responsibilities.

At least 90% of participants will **persist** through current academic quarter.

At least 90% of participants will agree that they **improved one or more financial skills**.

#### **Collaborations**

#### External:

- WorkSource
- Council for the Homeless
- Department of Social and Health Services (DSHS)

#### Internal:

 Clark College programs and services designed to address student nonacademic needs, including but not limited to: Workforce Education Services, Career Services, Financial Aid, Penguin Pantry, Transitional Studies, Student-Parent Support Program, and Counseling and Health Services.



#### Clark College Financial Wellness Program to Address Intergenerational Poverty

**Clark College Overview.** Clark College is Southwest Washington's largest public institution of higher education. An open-enrollment **community college**, it welcomes students of all ages and backgrounds pursuing their educational or career paths each quarter. Students can earn high school diplomas, GEDs, certificates, and degrees in a variety of programs.

**Program Description:** Clark College aims to break the cycle of intergenerational poverty by providing wraparound support services including **financial planning** for low income students. Building on two and a half years of documented success, the Financial Wellness Coach/Manager will provide individualized financial planning to pay for college, including resources for income and asset building to build self-sufficiency. In partnership with other Clark College departments, students are connected to essential services/resources which will include public benefits (e.g. SNAP, TANF, subsidized childcare), Penguin Pantry (i.e. on-campus food bank), healthcare, transportation, housing and referrals to other community resources.

**Program Model:** Through education, awareness and mentoring, the Financial Wellness Program is designed to provide students and their families with the **tools and resources** needed to make healthy financial decisions. Clark College offers one-on-one coaching, workshops and resources to support students on your journey to financial wellness. **Workshops and 1:1 coaching sessions** are used in conjunction with **Financial Wellness Online Program**. As one of three parts of Clark College's <u>MyPlan</u>, an online personal guide for career, academic, and financial planning, the online presence introduces financial concepts and maximizes student exposure to financial wellness resources.

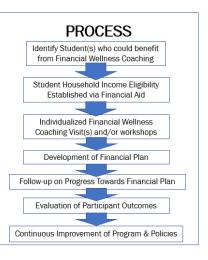
#### **Program Outcomes:**

- Participants at least 230 will **develop a Financial Plan** with direct support from the Financial Wellness Coach to pay for academic and non-academic responsibilities.
- At least 90% of participants will **persist** through current academic quarter.
- At least 90% of participants will agree that they improved one or more financial skills.

**Funding Request:** \$75,000. This provides funding for Financial Wellness Coach/Manager (0.7 FTE) and part-time administrative assistant to coordinate intake and follow-up monitoring. External funding supports supportive services, including tuition, fees, books, and transportation.

#### **Program Webpage:**

https://www.clark.edu/enroll/careers/financialwellness/index.php



#### Program Leads:

- Dr. Michele Cruse, Vice President of Student Affairs (mcruse@clark.edu) Executive Sponsor
- Cath Busha, Dean of Student Engagement (cbusha@clark.edu) Accountable Administrator
- Heather Palow, Financial Wellness Program Manager (hpalow@clark.edu)

12 | Clark College

| Clark College

# Questions or Clarifications

# Battle Ground Health Care, Dental Expansion





# Clark County CSBG

SUSAN K. NEAL, MAOM, BSN, RN

### Introductions



Sue Neal

MAOB, BSN, RN

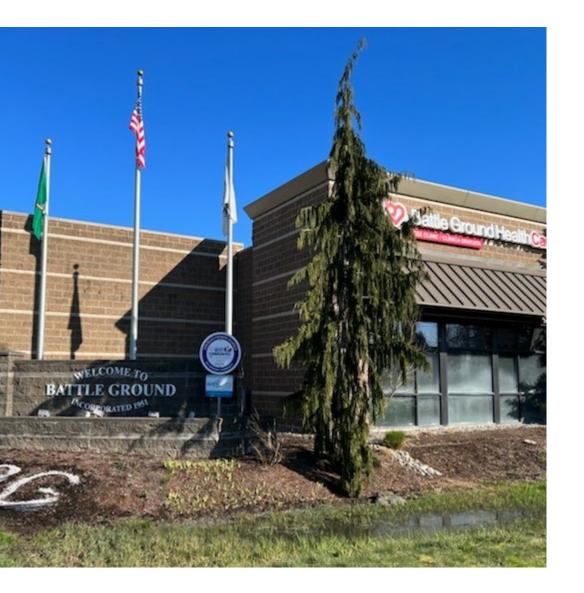
Executive Director since 2016

Background in Nursing, Education, Management, Nonprofits

# About us

- Free clinic serving Clark County and beyond
- Serve adults (18+ years)
- Uninsured or underinsured
- Exhausted insurance coverage
- 300% of Federal Poverty Level
- Services are free





# Benefits of our new location

- Expanded service capability (58% larger)
  - Offer multiple services concurrently
- More accessible to our patients
- High visibility
- Space for a future Vaccine Clinic



### Dental

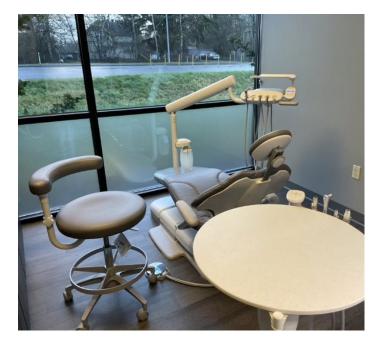
Medical

**Physical Rehabilitation** 

Health & Lifestyle Classes

**Other Services** 

# Dental services



### Screening

Hygiene

Restorations

Extractions

Dentures in the future

All by appointment



### Our Dental Staff

#### Paid Staff

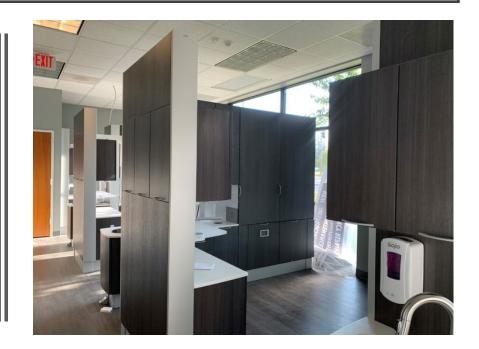
- Dental Coordinator
- Dental Assistant

#### Volunteers

- 2 Dental Co-Directors
- 13 Dentists
- 3 Hygienists
- 4 Dental Assistants
- 5 Dental Volunteers

# **Our New Facility**





### New Facilities

- Sterilization room
- Panoramic X-Ray





#### 2021 Stats

# 410 VISITS

# 526 PROCEDURES

\$98,500 VALUE



# Our Request: \$45,000/year

- Add new .25 FTE Dentist
- Expand Dental Coordinator and Assistant hours

More details @

bghealthcare.org



Follow us on FaceBook and Instagram

# **CAAB** Questions



# Lord's Gym, Physical Health and Access to Advocacy Dental Assistance Program



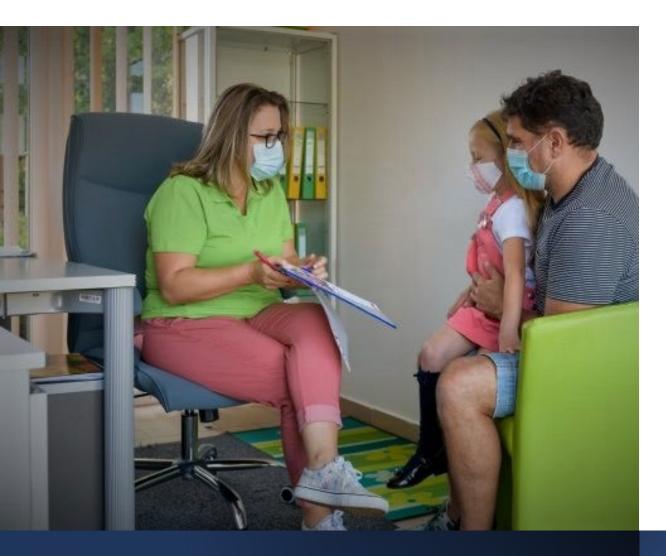


#### COMMUNITY ACTION-Dental Health

#### NEED:

- Poor dental health results in on-going obstacles in the recovery process.
- Decreasing resources in the area are impacting people's social determinants of health.
- Those experiencing poverty or lack of insurance have increased barriers to services.
- Referrals to local agencies are weeks and/or months out.



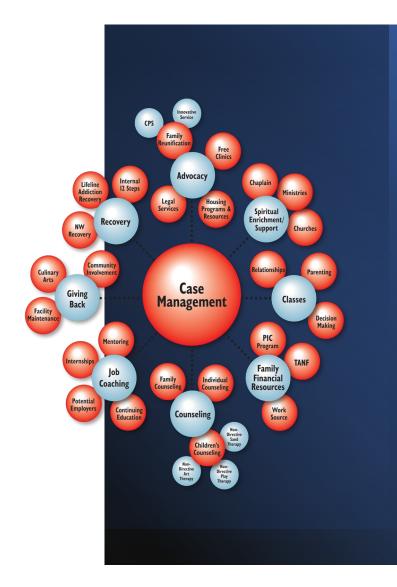


#### PROPOSAL

- Case manager complete physical health assessment
- Assist with referrals and transportation
- Referrals made for dental and health needs
- Small budget reserved for emergent needs

#### **RESOURCES NEEDED**

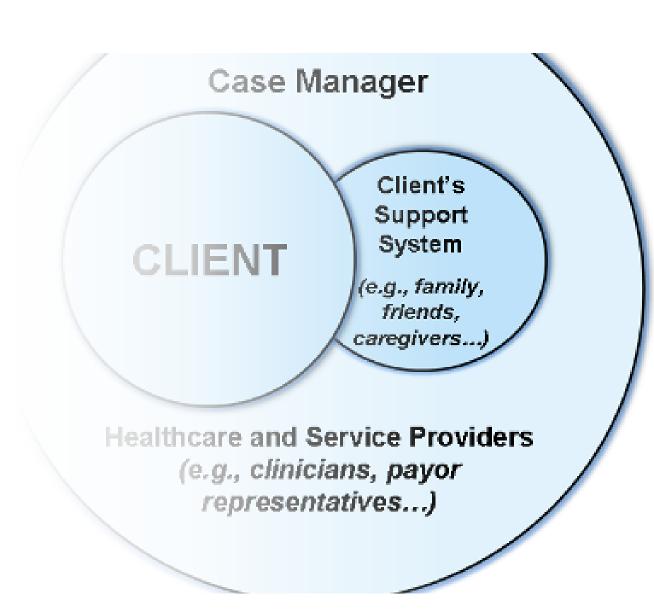
- 2 Case managers
- Operating costs
- Restricted funds for emergent dental needs



#### OUTCOMES

#### FY 22/23

- 75 participant applications completed.
- 50 unique members will be provided dental services.
- 60% of referrals provided in seven days.
- 75 unduplicated individuals and up to 25 individual families with children per year.





#### Questions

# Share, Hunger Response





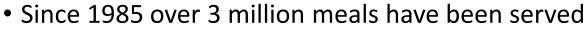
#### Hunger Response Request

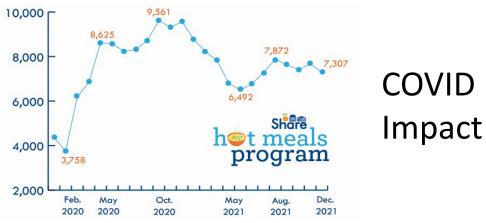
We envision a community without hunger, where all people have safe and adequate housing and the skills to enhance their quality of life.

# Hot Meal Program serving meals since 1985

- The meal program evolved from sack lunches to hot lunch five days per week to:
  - 3 meals Monday through Friday
  - 2 meals on Weekends

ed





### Hunger Response - 2021 Children's Initiative



Backpack Program & Hotel Bags: 9,776 bags of food & 562 hotel bags to children & their families



Fresh Food Pantries:

214,768 lbs of fresh produce, dairy, meat & bread distributed to 12 food pantries



Food Boxes: 6093 boxes of food delivered to 33 schools to supplement student meals





# **CAAB** Questions



# Lord's Gym, Food Assistance





## COMMUNITY ACTION-Food Assistance

### NEED:

- Food insufficiency is a continued obstacle in the recovery process.
- Community members and families affected by the impact of lowincome or below poverty-level wages.



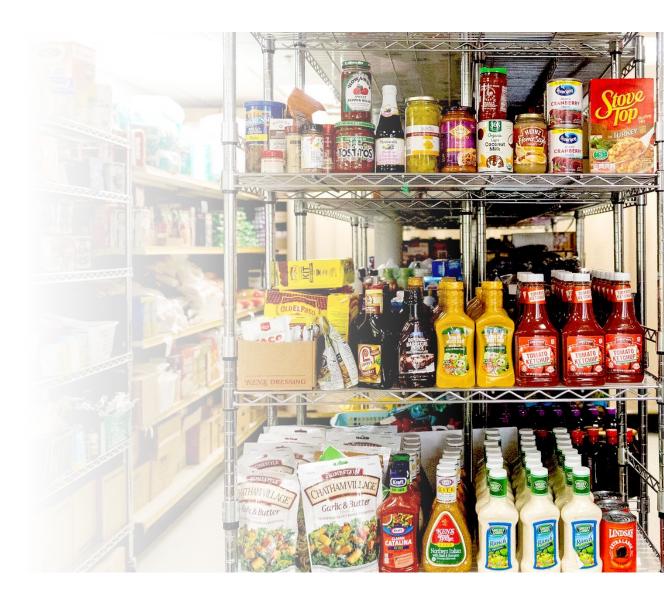
# PROPOSAL

- LGV has begun afterschool programs.
- Weekly youth night including meals.
- Case managers complete physical health assessment.
- Assist with food boxes on-site, provide referrals for TANF, and transportation.



### **RESOURCES NEEDED**

- 1 Case manager
- Operating costs
- Establishing a food pantry
- Restricted funds for emergent food assistance to families and individuals
- HMIS training/support



### OUTCOMES

#### FY 22/23

- 75 participant TANF applications completed.
- 50 unique members will be provided food assistance in the form of meals.
- 25 families with children will be provided food assistance monthly in the form of meals.
- Once per week, nutrition courses are offered to the community.





## Questions

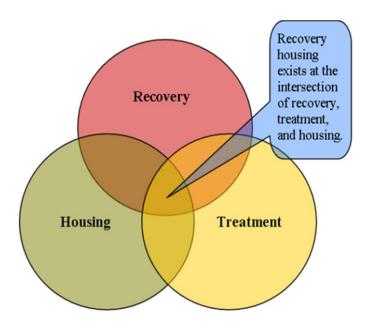
# New Life Friends Church, Transitional Housing



## New Life Friends Church – Homeless to Home Program

Dave White







### COMMUNITY NEED

- 516 persons per day in 2020 experienced houselessness and the numbers have only increased since.
- Humanitarian crisis
- We need rapid entry for those in need

## PROPOSAL

- Decrease unsheltered individuals
- Aligns with the counties mission to increase basic need options
- We aim to decrease exits from housing.

### **8 ESSENTIAL SKILLS FOR ADULTS IN RECOVERY**

#### **PRACTICING SELF-CARE**

D

2

3

4

5

5

Making time for things like regular exercise, personal hobbies, and meditation help to maintain balance in life.

#### PLANNING AND COOKING NUTRITIOUS MEALS

Regularly eating nutritious meals can help the body recover from the harmful effects of substance abuse.

#### SETTING AND ACHIEVING PERSONAL GOALS

Goal-setting helps the healing process, increases self-efficacy, and requires self-examination, which are all great in recovery.

#### MAINTAINING A CLEAN LIVING SPACE

A clean environment promotes feelings of safety, security, and comfort while also improving personal hygiene.

#### **MANAGING FINANCES**

Money can be a powerful trigger but saving and spending money wisely can help reduce stress and sustain sobriety.

#### **UILDING HEALTHY RELATIONSHIPS**

Relationships built on honesty, trust, communication, and healthy boundaries reinforce sobriety, even in stressful times.

#### MANAGING TIME RESPONSIBLY

Effective time management increases efficiency, reduces boredom and anxiety, and provides a sense of fulfillment.

#### FINDING AND MAINTAINING EMPLOYMENT

Sustainable employment in recovery is essential for rebuilding confidence, achieving goals, and paying off debt.



### THE ROCK

Men's Home with 7 -10 residents

Ages 18 and older

Located in the heart of Rosevillage

6 months to 2 years



### SAMARITAN HOUSE

4 -7 adult women ages 18 and up

Children visits and overnights welcomed

6 months to 2 years

Secluded backyard

### OUTCOMES

- 50 residents and families
- 50% success rate:
  - (1)Those individuals who stay the length of the program,
  - (2) Number of residents who move into long-term supportive housing.
  - (3) Number of residents who do not return to substance use.
  - (4) Number of residents who become employed/start school.





## Questions

# YWCA, Transitional Housing



eliminating racism empowering women **YWCA** 

## YWCA Clark County Transitional Housing for Survivors of Domestic Violence

Vanessa Yarie, Deputy Director Emma Frieberg, Contract Compliance Specialist



### **Program Detail**

- Partnership with Second Step Housing
- Transitional Housing for houseless individuals experiencing domestic violence
- Serve 6 families at a time, in the Second Step Housing building located in Vancouver.
- Each unit has its own bedroom and bathroom, and the kitchen and living areas are shared in a "pod" of three.
- YWCA will complete assessments with survivors that are staying in our DV shelter, or with anyone fleeing domestic violence through our community-based programs.
- Rent amount per participant will be assessed based on their current income.
- Rent will be reassessed every 6 months.
- During the participant's stay in Transitional Housing, they will have a dedicated Case Manager (.5 FTE) who will provide supportive services with the goal of obtaining permanent housing for the families.

## **Program Outcomes**

- At least 85% of households to exit into stable and safe housing, or an annual increase of 5%.
- Decrease the median number of days between referral and program entry to less than 10 days, or an annual decrease of 5 days.
- Decrease the median number of days households are homeless after entry to TH program to less than 90 days or annual decrease of 10 days.
- Decrease returns to homeless in 2 years, less than 5% of annual decrease of 5%.
- Individuals maintain or increase income At least 50% or Annual increase of 5%

# Housing Stability

All participants enrolled in the program will be living in Second Step's Transitional Housing. During their time in the program, participants will work closely with a Case Manager to reduce barriers to permanent housing, as well as increase income and employment as applicable. The goal for every participant that is enrolled in the TH program is to exit the program to permanent, safe housing.

# Budget

Total ask = \$125,000

.5 FTE for case management, rent assistance, flex funds, and an administrative allocation



# Thank You

# **CAAB** Questions

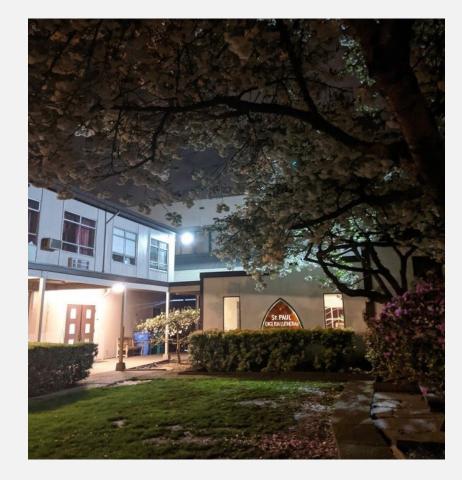


# **Outsiders Inn, Shelter**



# OUTSIDERS INN @ ST. PAUL'S

Emergency Overnight Shelter Program



OUTSIDERS INN @ ST PAUL'S CHURCH

I 309 FRANKLIN AVE DOWNTOWN VANCOUVER, WA

OPEN 7 NIGHTS A WEEK

EVENINGS AND OVERNIGHTS

6:30PM TO 7:00AM

WEEKENDS AND HOLIDAYS ALL DAY

### **OUTSIDERS INN** is part of Vancouver WA's story

#### HOMELESS MEMORIAL EVENTS



#### POLICY ADVOCACY



#### OUTPOST SAFE STAY COMMUNITY



Outsiders Inn's mission is to lift people out of homelessness through advocacy, support and resources, while serving the community with integrity, transparency and respect.



#### WE ARE FORMED OUT OF RESILIENCE, RECOVERY AND ADVOCACY







## RECOVERY IS POSSIBLE!



### WE EMBODY HOPE.

We believe in the value of the lived experience of peers working alongside people as they create selfdirected goals towards housing.



### **RELATIONSHIPS AND RESPECT**



We work together in **relationships based on equality and respect**. We believe in making the right choices with transparency and accountability.

# WE SUPPORT REACHING GOALS & REAL-LIFE **ACHIEVEMENTS**

#### HEALTH INSURANCE



EMPLOYMENT MEDICAL APPTS DENTAL APPTS CORRECTIONS SUPPORT EBT / FOOD STAMPS PHONE ACCESS MAIL SERVICES LAUNDRY SUPPORT WI-FI COMPUTER ACCESS

HOUSING



# FOSTERING COMMUNICATION & COMMUNICATION



- Coordinated Entry Housing Assessments available on site.
- Close communication with community outreach teams such as PATH, PACT, HART, AMCI
- Supporting referrals into housing, treatment programs and mental health assessments.

### **OUTSIDERS INN - RESPONSIVE**

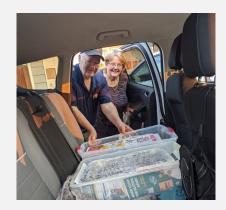
Supporting vibrant programs that are embedded in the community to be responsive to emerging and changing needs.



UNHOUSED RESIDENT MAIL SERVICE



OUTPOST SAFE STAY COMMUNITY #1



COMMUNITY COOKS MEALTRAIN

#### COMMUNITY RESPONSES FOR **RESTRICTED FOOD RESOURCES**

#### OUTSIDER'S INN MEAL TRAIN VOLUNTEERS PREPARED OVER 15,000 MEALS IN 2021!



140+ volunteer Community Cooks organized to provide ready to eat nourishment and often they come WITH MESSAGES OF HOPE & ENCOURAGEMENT!

### HOUSING POSITIVE SUCCESSES



- 27 sheltered nightly
- 140 men served in 2021
- I4 exited to permanent housing
- 5 exited back into families and friends
- 4 left for higher levels of care
- 5 went to treatment
- 3 went to jail to remove barriers



- 30% identified as a person of color
- I3% have been veterans
- 79% have identified as disabled or with chronic condition

### WITH THIS FUNDING WE CAN CONTINUE



- MAINTAIN & SUPPORT 25+ BED SPOTS WITH SOCIAL DISTANCE SAFETY
- STAFFED BY A WORKFORCE OF PEOPLE WHO HAVE RECOVERED FROM LIVED-EXPERIENCES OF HOMELESSNESS, MENTAL HEALTH AND ADDICTION.

# THANK YOU!

#### QUESTIONS:

CONNECT@OUTSIDERSINN.OR G





# **CAAB** Questions



# Share, Rent Well





Presenter: Thalia McDaid-O'Neill Affordable Housing and Stability Assistant Program Director

# Fair Housing for All

P

# What is Rent Well

A 15-hour tenant education course operating in Oregon and Washington, and is

taught in 3 different ways:



#### Landlord Incentive Fund:

If the graduates vacate a rental unit within the first year of tenancy, the landlord can recoup up to \$1000 for unpaid rent, damages to the unit, or legal fees beyond the amount of the security deposit.

## In Rent Well, students learn to











- Identify barriers to housing and create a road map to success
- Receive skills and tools for how to effectively communicate
- Understand the landlord's perspective
- Plan a workable household budget
- Get the keys, keep the keys, and move out the right way



- Virtual Classes via Zoom
- New staff becoming certified instructors
  - Housing Case Managers
  - Shelter Staff
- In-person classes starting up:
  - Partnering with outside agencies
  - Offering in different languages
  - Shelters

# Thank you!

**Questions and Comments** 

# **CAAB** Questions



# Wrap Up

• **Open Forum** (up to 3 minutes)

• Application scores are due April 22!

### CAAB Meeting: May 4, 2022, starting at 9am

