All You Need to Know About DVR Pre-ETS!

Every state has a vocational rehabilitation agency (DVR for short). Washington DVR provides individualized services to prepare persons with disabilities for employment in the competitive labor market.

Pre-Employment Transition Services (also referred to as Pre-ETS) are an extension of DVR services.

They are the first level of services students can receive in our aim at preparing students with disabilities for the transition from high school to higher education, work, and independent living.

Pre-ETS are transition services for students with disabilities.

These services are delivered collaboratively between high schools and vocational rehabilitation.

The goal of Pre-ETS delivery is to equip students with the knowledge, skills, and experiences they need to prepare for a career in life after high school.



Most students with disabilities are already receiving transition services from their schools.

The addition of Pre-ETS helps to create a well-rounded transition plan and identify and support any gaps in a student's knowledge or skills necessary to be successful after high school.

Student Learning through Pre-ETS

- Opportunities to learn and practice informed decision making
- ·Increased self-awareness and understanding of their preferences, interests, strengths, needs, and potential barriers
- ·Opportunities to explore careers and postsecondary education or training options
- ·Access to early work experiences and practice with improving workplace readiness skills
- ·Increased self-advocacy skills and knowledge of rights and responsibilities
- ·Access to resources and a growing support network
- ·Increased social and independent living skills

Transforming Lives

Pre-ETS are designed to build on and enhance the transition services already occurring within a student's high school and are delivered collaboratively with teachers and school staff. Pre-ETS services are both free and voluntary.

Students who are eligible to receive are eligible to receive Pre-Employment Transition Services are between the ages of 14-21, have a documented disability, and are enrolled in a recognized educational program.

This includes any students with an IEP, 504 Plan, or other documentation of a disability.

Pre-ETS can be delivered during school hours, before or after school, through class instruction, community experiences, site visits on weekends or through summer programs. These services can be delivered individually or in groups.

Pre-ETS providers work with teachers to help with identifying students who would benefit from Pre-ETS, determining which services they need and how to incorporate these services into their schedule.

Key Pre-Employment Focus Areas:

- ·Job Exploration Counseling
- ·Work Based Learning Experiences
- ·Counseling on Post-Secondary Education
- ·Workplace Readiness Training
- ·Instruction in Self-Advocacy

These services will help students progress from high school to higher education or employment and meet their goals for life after high school.

Washington has a Pre-ETS team across the state with transition specialists assigned to all 39 counties who can help answer questions about Pre-ETS and DVR, facilitate Pre-ETS, and/or become a partner in developing a dynamic transition plan.

In <u>Clark, Skamania, and Klickitat counties</u>, contact:

Connie Laurinat. M.Ed Regional Transition Consultant

Vancouver DVR office connie.laurinat@dshs.wa.gov 360-726-7944



Graduation is Approaching, Now What?

Pre-ETS ends when students exit the school system. Teachers or providers may suggest that a student with disability apply for DVR services for continued employment assistance and support.

Applying for DVR services typically happens no later than 18 months before a student leaves high school.

DVR services include but are not limited to the further development of career interests with:

- Post-secondary education
- Vocational training
- Job searching
- Job placement
- Job retention
- Job follow-up
- Job follow-along services

Students will need to go through an eligibility process; however, eligibility requirements should not deter anyone from applying for DVR services.

Referrals can be made by reaching out to the local DVR office to schedule an intake meeting with a counselor.

In the Vancouver area, call 360-397-9961 to make an appointment.

Transforming Lives

Pre-Employment Transition Services (Pre-ETS)

Division of Vocational Rehabilitation (DVR) in Washington

Pre-Employment Transition Services gives students an early start in transition planning and creates opportunities to set and accomplish their goals.