

Clark County Commission on Aging Retreat

June 21, 2023
3:15pm-6:00pm

Commissioners: – Cass Freedland (Chair), Franklin Johnson (Vice Chair), Dick Clairmont, Ken Lund, Donna Mason, Justin Ross, Mel Sanchez, Larry Smith

Staff: Susan Ellinger and Jenna Kay

Guest: Donna Sinclair – Group Activities Facilitator



Commission on Aging meetings are currently held in a hybrid format with the option to attend via WebEx or in-person.

Agenda

1. Welcome & introductions (30 minutes)

- Welcome, agenda review, introduce facilitator – **Cass**
- Introductions – **Donna**

2. Topics of Interest (30 min)

- Topics covered in the Aging Readiness Plan – **Cass and Franklin**
- Activity - **Donna**
 - Which topic areas do you see the most community need for and why?
 - Debrief: What stands out?
- Next steps – **Cass and Franklin**

3. How can we create change as a group as we move ARP strategies forward? (30 min)

- Examples of what the Commission has done in the past or could do in the future – **Cass and Franklin**
- Activity - **Donna**
 - Change can mean different things to different people. What does change mean to you?
 - Which of these listed items or approaches would you be most interested in participating in and prioritizing?
 1. Discuss the why. Why did you put your dots where you did?
 2. What stands out as the group's preferred approaches for collectively creating change?
- Next steps – **Cass and Franklin**

BREAK

4. 2024 Priority Strategies & Guest Brainstorm (45 min)

- Review end of 2023 plan and introduce proposed 2024 focus – **Cass and Franklin**
- Activity – **Donna**
 - Brainstorm priority strategie(s) for the year and key community partners for each
 - Debrief: each breakout group shares back to group
- Next steps – **Cass and Franklin**

5. Leadership roles and liaisons (5 min) – Staff

- Chair and Vice Chair – July elections/process
- Area Agency on Aging and Disabilities of SW Washington - Aging and Disabilities Resource Network (ADRN), Advisory Council
- Public Health
- Community in Motion – Accessible Transportation Coalition (ACTI)
- Next steps – **Cass and Franklin**

6. Closing (10 min) – Donna

COUNTY COUNCIL CHARGE

The Board of County Commissioners appoints a Commission on Aging with the charge to provide leadership in addressing the special needs of the aging population. Manage and assist with the implementation of the Aging Readiness Plan and acknowledge the ever-changing needs of the population.

Objective and Purpose

- To implement the Aging Readiness Plan and update as needs change;
- To build the county's capacity to meeting the changing demographics and advise the BOCC and other partners;
- To foster county-wide awareness, dialogue, and insight into the challenges and opportunities for residents as they age;
- To serve as an ambassador for senior issues by increasing community awareness;
- To review and comment on community policies, programs, services and actions which effect seniors;
- To address the special needs of seniors as they relate to county-wide service delivery including, but not limited to, transportation and mobility, housing, healthy community, supportive services, community engagement; and
- To develop key partnerships that will enhance the implementation of the plan.

Powers and Duties

- The Commission shall have such powers as are delegated to it by the BOCC.
- Provide annual progress reports to the community and BOCC.
- Actively seek opportunities for supplemental funding.

AGING READINESS PLAN

The [Aging Readiness Plan](#) assesses the county's readiness to serve as a home for a growing number of older residents. The plan includes strategies to improve the community's capacity to support its growing older population and ultimately benefit all ages. The plan is divided into five elements: transportation and mobility, housing, healthy community, supportive services, and community engagement. The plan was approved by the BOCC in February 2012.