

## AGENDA

Wednesday, May 21, 2025  
4:30 p.m. - 6:00 p.m.

### \*Action Items

Time	Item	Speaker
4:30 p.m.	Welcome and Call to Order	Franklin Johnson, Chair
4:31 p.m.	Business Items <ul style="list-style-type: none"> <li>• Approval of agenda*</li> <li>• Approval of work session and meeting notes – April</li> </ul>	Franklin Johnson, Chair
4:32 p.m.	General Public Comment	Public
4:45 p.m.	Moderated Discussion/ “Fireside Chat”:  <b>Focus on Health and Connection: Health and Fitness</b> <ul style="list-style-type: none"> <li>• Guest introductions</li> <li>• Commission and guest discussion</li> <li>• Audience questions/comments</li> <li>• Next steps</li> </ul>	<ul style="list-style-type: none"> <li>• Moderator – Cass Freedland</li> <li>• Panel members: <ul style="list-style-type: none"> <li>○ Louise Allen, Senior Recreation Coordinator</li> <li>○ Tammy Bryan, Senior Recreation Specialist</li> </ul> </li> </ul>
5:30	Commemoration of members	Cass Freedland
6:00 p.m.	Adjournment	All

### Upcoming meetings/topics:

- June 18- Focus on Social Connection

Looking for local resources? Contact the Aging and Disability Resource Center at 360-694-8144, [clarkadrc@dshs.wa.gov](mailto:clarkadrc@dshs.wa.gov), or <https://www.helpingelders.org/>

*The Clark County Commission on Aging provides leadership in community engagement and advocacy of Clark County's Aging Readiness Plan, especially for those 60 and over who plan to age in the place of their choosing.*



For other formats, contact the Clark County ADA Office  
Voice 360.397.2322 Relay 711 or 800.833.6388  
Fax 360.397.6165  
Email [ADA@clark.wa.gov](mailto:ADA@clark.wa.gov)

