



Guest Speaker
Alan DeLaTorre, Ph.D.

Commission on Aging Speaker Series

Join us **March 20, 2019**

4:30 – 6:00 p.m.

Public Service Center

1300 Franklin Street, Vancouver

Learn about **Healthy Communities, Healthy Aging**

Older adults who practice good physical, psychological and social behaviors are more likely to remain healthy, live independently and incur fewer health-related costs. These outcomes often are achieved in communities that address basic needs, promote optimal health and well-being, foster civic and social engagement, and support the independence of an aging population.

Alan DeLaTorre, Research Assistant with Portland State University Institute on Aging will frame this discussion and kick off the commission's 2019 focus.



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