



Applications due Friday, June 19, 2020



Fall Training All 30 of us spend a weekend having a lot of fun getting to know each other, learning about prevention and how to be peer educators.



Meetings We like to make prevention fun so sometimes we do positive risk-taking things like dressing up in costumes made of toilet paper!



Prevention is a PARTY! While providing food, games, sports, and prizes, we educate teens on marijuana prevention & making healthy choices.



Prevention Summit 6 of us get to travel to a conference where we learn how to create projects that have a positive and lasting impact in our community.



Drug Take Back Twice a year, we participate in Drug Take Back which gives people a safe place to get rid of their unused medication.



Youth Advocacy Training 10 of us go to an all-day training where we learn and practice how to share our voice on issues that matter to us with policy makers.



Year-long Project Past projects: youth-to-youth panel on healthy coping, teen conference, social media campaign, music video, & more



Prevention Policy Day 10 of us travel to Olympia and meet with our legislators to talk about ideas we think could prevent teen substance use.



Spring Youth Forum 6 of us often get to go to Great Wolf Lodge, swim, and present on a STASHA project to other youth from all over Washington.

Follow us on O @ClarkCountySTASHA

What is STASHA?

STASHA stands for Strong Teens Against Substance Hazards and Abuse. Most simply put, we are a nonjudgmental and inclusive group of Clark County youth preventing youth drug and alcohol use, using our words and in our own way. We work to encourage healthy behavior, build resilience, provide coping resources and support to youth in our community. However, within our prevention work, STASHA creates connections and bonds with those we impact, and we demonstrate how connection is the best prevention.

Who should apply?

If you are 12 to 19, live in Clark County, and want to help other teens learn healthy coping skills and how to be resilient, <u>YOU SHOULD DEFINITELY APPLY</u>!!! No volunteer experience, prevention knowledge, or leadership experience is required to apply. One of the best parts of STASHA is that this is the perfect place to learn new skills without having to worry about what everyone thinks because we get what it's like. We value having people with diverse backgrounds and experiences join our group because we are able to learn from each other's experiences and become stronger peer educators. STASHA needs member representation from youth who have had past use/experimentation but are no longer using, youth who are in recovery, and youth who have never used substances. All of these voices are needed in prevention work!

What would be expected of me if I apply?

All STASHA members must commit to serving at least a one-year term (September to June), although many of us love it so much that we commit to serving more. We meet the 1st and 3rd Monday of each month from 6:30-8:30 pm so it's really important to us that you're able to attend general meetings. We also meet in smaller groups so we can successfully carry out the projects we design. In all, it's pretty normal we each volunteer 4-8 hours each month. If accepted, you will have to attend our Annual STASHA Fall Training which is mandatory. Specific details about the training are still to be determined, though it may take place through video conference or in person while practicing safe social distancing. Lastly, because of the work we do, it is important you are committed to being drug and alcohol free as a STASHA member.

What's it really like to be in STASHA? Why should I apply?

I was hesitant at first to open up but it was here where I learned that I mattered. I enjoyed helping with the events but it was when I met one-on-one with other volunteers and listened to mu new friends' stories about their lives that I saw I had lots in common with them. I could relate to the pressure they felt from parents, the difficulty of talking about their feelings, and not having somebody to talk to. ... I learned at STASHA not only about drugs in general, but how to take care of myself, others, and learned to empathize with those who do abuse drugs because they're not the problem--they are a symptom of the problem. I learned how important prevention was in general.

When I first heard about STASHA, I never knew the platform it would give me to find my voice when I thought it had been taken from me. Even today, I'm still learning ... I have gained public confidence and speaking skills from STASHA. ... STASHA has provided [a place for] me to make new friends and explore possibilities I never knew were there until now. ... STASHA has been and always will be my anchor to the world.

STASHA has provided a place of safety and support for me this year. When things weren't always the best, I knew I could come and be myself and know that I could escape from things here. [...] STASHA is a group of passionate, hardworking, down-to-earth individuals who all influence and lead with service, kindness, and example.



STASHA has become my second family and the Youth House has become a safe space for me. None of us are here to judge, shame, or exclude anyone; we are all here to provide each other with a sense of love and belonging. The peers here that I have seen be vulnerable, have fueled me with strength to be as brave as they were. We choose to be vulnerable to express who we are and do what humans do best: connect.

Please mail, fax, drop off, email or Google Form (h your completed application no late If you need more room to write, feel free to use your own Contact our program coordinator, Alaina Green, at alair	r than <u>Friday, June 19, 2020</u> . paper and attach it to your application. <u>Questions</u> ?
Name:	
Mailing address:	
City:	ZIP code:
Personal phone:	Can we text you?
Guardian phone:	Can we text them?
Email:	Date of birth:
Next Fall, I will be in grade and attendin	g(school)
Have you applied for STASHA before? (If yes	, what year?)
OPTIONAL INFORMATION:	
Race/Ethnicity:	Gender:
Pronouns:	(examples: he, she, they, sie, ze)
1. What do you like to do for fun?	
2. What is a motto or quote that inspires you	۶۱ ۲

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	3. Please describe something/someone positive in your life. How does it/do they impact you? (You can list more than one)	
	4. What other activities/classes are you involved with in school hours and outside of school hours (AP or IB classes, leadership roles, clubs, volunteer roles, faith-based, babysitting, sports, job, family-related, theatre, chores, band)?	
	5. Why are you interested in becoming a peer educator for alcohol and other drug use prevention?	
	6. How would you benefit from being a member of STASHA?	
	7. Optional Questions (Feel free to answer one, both or neither of these questions) 1) How was your day? 2) What was the best part of your day?	

	8. Do you have any obligations on Monday evenings from 6:30-8:30 pm in the fall, winter or spring? If you have other commitments on Mondays, what is your plan to make time for STASHA? (We meet the 1st and 3rd Monday of each month from 6:30-8:30 pm and sometimes schedule smaller group meetings on the 2nd or 4th Monday of the month)
	9. As a part of STASHA, what are some skills you would like to learn or improve? □ Leadership □ Time management □ Learning about prevention
	CommunicationLeading a meetingscienceHealthy copingTalking in front of groupsMaking friends with peopleSelf-esteemAdvocacy (sharing my voice)from diverse backgroundsConfidenceDecision making and planningand different schoolsConflict resolutionPlanning eventsBuilding partnerships withInclusionTeaching other people my ageother organizations
ſ	10. How did you hear about STASHA?
	Newspaper Prevention is a PARTY! Friend Family member
	Coalition Facebook Teacher/counselor Instagram Current or former STASHA member: Other:
Γ	Please read and check the boxes below if these work for you:
	 I understand that participating in the STASHA Fall Training will be mandatory and that specific details about the training are still to be determined, though it may take place through video conference or in person while practicing safe social distancing. During next school year (September - June) I am available to attend the STASHA meetings on the 1st and 3rd Mondays of each month. These meetings may take place through video conference or in person while practicing safe social distancing. I understand the interview will take place on the phone or through video conference.
	Signature Date
	When you're done, please turn this application in by
	Mail: Clark County Community Services, PO Box 5000, Vancouver, WA 98666, c/o Alaina Green, Drop off: 1012 Esther Street, Vancouver (Not a mailing address) Email: alaina.green@clark.wa.gov Fax: (360) 397-2164 (please fax both sides) Google Form: https://bit.ly/STASHAapplication2020-2021