



YOUR LOCAL FARMERS MARKETS +

HEALTHY HERE NOW

MAKING IT EASIER FOR EVERYONE TO GET FRESH, LOCAL HEALTHY FOODS.



SNAP

Use SNAP (Food Stamps) at Camas, Vancouver, Salmon Creek farmers markets in 3 easy steps:

1. Visit the EBT/debit stand



2. Receive wooden tokens



3. Use your tokens to buy fresh, local, healthy foods*



**SNAP cannot be used to purchase non-food items, ready-to-eat foods, or hot foods*



WIC PROGRAM

The WIC (Women, Infants and Children) program provides monthly checks for groceries.

Additional checks for fresh produce are available on a limited basis in the spring for eligible WIC clients to use at the farmers markets.

You are eligible for WIC if you:

- Live in Washington state
- Are pregnant, a new mother, breastfeeding mother, a child under 5 years of age
- Meet the income guidelines

Call a WIC office to apply:

Vancouver: 360-397-8459

Battle Ground: 360-687-7126

Washougal: 360-835-7802



FRESH MATCH

When you use SNAP (Food Stamps) for food at Camas, Vancouver, Salmon Creek farmers markets, the amount you spend is matched with Fresh Match tokens- up to \$5.



This means if you spend \$5 in SNAP benefits, you get another \$5 (a \$10 value) to buy fresh, local, healthy foods!



**DOUBLE
YOUR MONEY!
\$5=\$10!**



SENIOR NUTRITION

The Senior Farmers Market Nutrition Program provides \$40 worth of checks to eligible seniors to purchase fresh fruits and vegetables.

Checks are distributed by lottery through Meals on Wheels People (formerly Loaves & Fishes) and are valid June through October.

You are eligible if you:

- Meet the income guidelines
- Are age 60 or older, and
- Are a resident of Washington state (must show ID)

For more information, contact:

Meals on Wheels People
1-866-788-6325

www.mealsonwheelspeople.org