

WELLNESS WORKS CLARK COUNTY

Framework for Comprehensive Worksite Wellness Programs

Worksite wellness programs include key components for success.

Use this quick checklist to see how your program measures up and what areas need strengthening.

Leadership Support	Briefly describe how leadership support is demonstrated: <ul style="list-style-type: none">• Does leadership attend wellness meetings?• Promote wellness activities?• Allocate funding?• Participate in wellness program?
Wellness Team	A strong Wellness Team includes employees from different levels of the organization (entry level through top management). Describe Wellness Team members:
Data Collection & Review <i>Examples include the CDC's Health Scorecard, health risk assessments, interest surveys, etc.</i>	Assessments and surveys can help you identify gaps in your program and plan relevant programs. Data collection completed:
Create an Operational Plan or Team Charter	An Operational Plan or Team Charter can help describe your efforts and desired outcomes. They might include your program's mission, goals and objectives and the "what, why and when". Activities planned:
Choose Interventions <i>Align activities with collected data, mission and the capacity of the Wellness Program</i>	Carefully planning and implementing interventions will increase employee participation and engagement with the program. Activities planned:
Create a Supportive Environment	Describe ways that your organization supports employee health through policies, systems and environmental changes.
Evaluate Outcomes	Evaluating your program and individual activities can help you obtain participant's feedback and measure impact. Evaluations should be on-going. Briefly describe evaluation methods: