

HEALTH ADVISORY



Public Health
Prevent. Promote. Protect.

REGION IV PUBLIC HEALTH

Clark, Cowlitz, Skamania, Wahkiakum
counties and Cowlitz Tribe

To: Physicians and other health care providers

**Please distribute a copy of this information to each provider
in your organization.**

Questions regarding this information may be directed to the following Region IV health officers:

Alan Melnick, MD, MPH, CPH

Clark County Public Health, 564.397.8412

Skamania County Community Health, 509.427.3850

Cowlitz County Health & Human Services, 360.414.5599

Wahkiakum County Health & Human Services, 360.795.6207

Teresa Everson, MD, MPH

Clark County Public Health, 564.397.8412

Skamania County Community Health, 509.427.3850

Alert categories:

Health Alert: conveys the highest level of importance; warrants immediate action or attention.

Health Advisory: provides important information for a specific incident or situation; may not require immediate action.

Health Update: provides updated information regarding an incident or situation; no immediate action necessary.

To subscribe or unsubscribe from this listserv, email: Tippy.Hartford@clark.wa.gov.

Summary

Health departments in Clackamas and Multnomah counties in Oregon have identified six cases of measles since the beginning of July. All cases were unimmunized. There is no evidence of ongoing transmission at this time, and all known exposed contacts are under monitoring by local health officials.

Individuals at the following locations may have been exposed to measles:

- Providence Immediate Care Happy Valley, 16180 SE Sunnyside Road, Suite 102, Happy Valley, OR
 - 1-4:30 pm July 21
 - 10 am to 2:15 pm July 31
- Legacy GoHealth Gresham, 2850 SE Powell Valley Road, Suite 100, Gresham, OR
 - 5-8 pm Aug. 2

Actions requested

1. Please consider measles in patients with febrile rash illness who present with:

- The “three Cs”: cough, coryza or conjunctivitis.
- Recently traveled or were exposed to someone who recently traveled to a country where measles is circulating.
- Are unvaccinated against measles.

Health care providers should also consider measles when evaluating patients for other febrile rash illnesses including dengue (<https://www.cdc.gov/dengue/>) and Kawasaki disease (<https://www.cdc.gov/kawasaki/>).

2. If you suspect measles complete the Suspect Measles Worksheet and report immediately to Public Health.

- Link to Suspect Measles Worksheet: www.clark.wa.gov/sites/default/files/dept/files/public-health/CD/Resources/Measles%20Suspect%20Worksheet.pdf

3. Recommend MMR vaccination to unvaccinated and under vaccinated patients.

- Routine MMR vaccination is recommended for all children, with the first dose given at age 12–15 months and a second dose at age 4–6 years. Unless they have other evidence of immunity*; adults born after 1956 should get at least one dose of MMR vaccine; and two appropriately spaced doses of MMR vaccine are recommended for health care personnel, college students and international travelers.
- For persons who plan to travel internationally, health care providers should encourage timely vaccination of all persons aged ≥6 months who lack evidence of measles immunity.* One dose of MMR vaccine is recommended for infants aged 6-11 months traveling internationally, and 2 doses for persons aged ≥12 months, with a minimum interval of 28 days between doses.

Additional guidance for health care providers

CDC measles

<http://www.cdc.gov/measles/hcp/index.html>

CDC Provider Resources for Vaccine Conversations with Patients

<https://www.cdc.gov/vaccines/hcp/conversations/index.html>

Washington State Department of Health

<https://www.doh.wa.gov/ForPublicHealthandHealthcareProviders/NotifiableConditions/Measles>

**Presumptive evidence of measles immunity is defined as:*

1. *Birth before 1957*
2. *Laboratory-confirmed disease*
3. *Laboratory evidence of immunity (protective antibody titers) or*
4. *Documentation of age-appropriate vaccination with a live measles virus-containing vaccine:*
 - *Pre-school children: 1 dose*
 - *Children in grades K–12: 2 doses*
 - *Health care personnel born during or after 1957: 2 doses*
 - *Students at post-high-school educational institutions: 2 doses*
 - *International travelers ≥12 months of age: 2 doses*
 - *Children 6–11 months of age who plan to travel internationally: 1 dose*
 - *All other adults: 1 dose.*

Thank you for your partnership.

LHJ	Phone	Fax
Clark County Public Health	564.397.8182	564.397.8080
Cowlitz County Health Department	360.414.5599	360.425.7531
Skamania County Community Health	509.427.3850	509.427.0188
Wahkiakum County Health and Human Services	360.795.6207	360.795.6143

To subscribe or unsubscribe from this listserv, email: Tippy.Hartford@clark.wa.gov.