

2018 Healthy Youth Survey

Clark County Substance Use Results

Most Clark County youth are not using drugs or alcohol.
Among 10th graders...

17%

use marijuana



17%

drink alcohol



9%

binge drink



4%

misuse
prescription pain
killers



Youth substance use is generally trending down. Since 2008...



marijuana
use has
remained
stable

alcohol
use has
decreased
by

44%



binge
drinking has
decreased
by

50%



prescription
pain killer
misuse has
decreased
by

57%



However, use of vapor products (e-cigarettes) is an emerging issue among youth. Among Clark County 10th graders...

6%

smoke
combustible
cigarettes



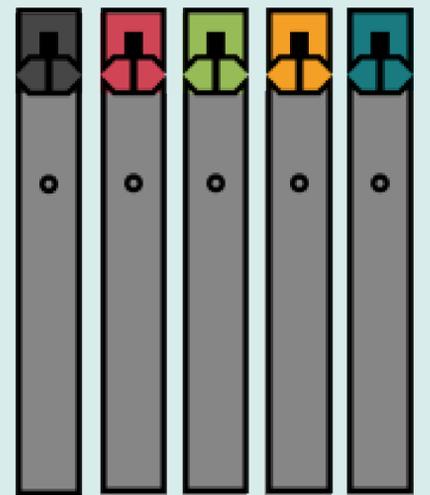
21%

use vape
pens or e-
cigarettes



Since 2016,
vaping has
increased
by

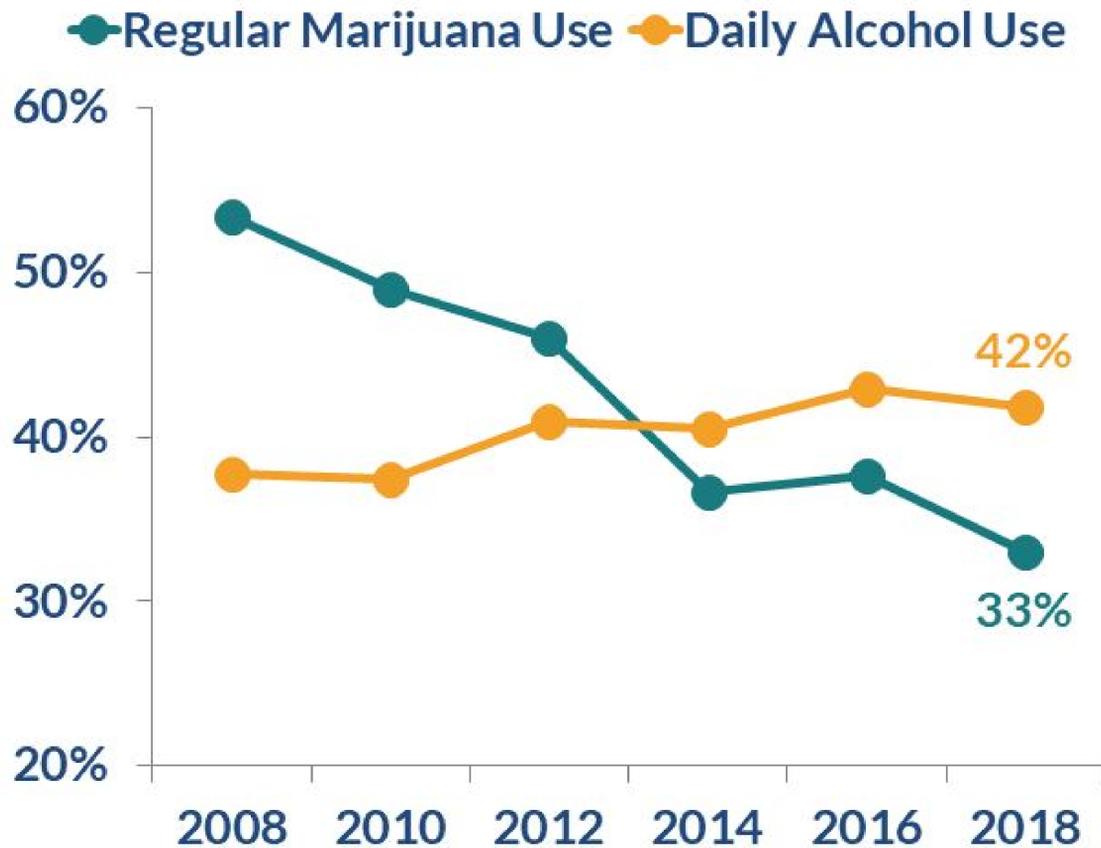
91%



Use of vapor products is considered unsafe for teens. Most e-cigarettes contain nicotine, which can cause addiction and can harm adolescent brain development. Vapor products are now the most common nicotine containing product used by youth.

While use rates are decreasing for many substances, youth perceptions of harm from drug and alcohol use are also changing.

Percent of 10th graders in southwest Washington who perceive a great risk of harm from:



In southwest Washington, youth perception of a great risk of harm from regular marijuana use has been decreasing for the past decade, while perception of a great risk of harm from regular alcohol use has remained steady.

Adults play an important role in youth substance use prevention.

Youth in households that have clear rules about drug and alcohol use have a

2.9 times lower risk of using marijuana

Youth who have adults that know where they are when not at home, if they got their homework done, etc. have a

3.3 times lower risk of using marijuana

Youth in households that discourage drug and alcohol use have a

4.5 times lower risk of using marijuana



For more information on the 2018 Healthy Youth Survey, visit askHYS.net.

Marijuana leaf icon made by Oren neu dag, from commons.wikimedia.org, licence
Alcohol icon from icon-library.net

Updated: 8/22/2019