

Clark County Community <u>Consortium-</u> <u>Juvenile Justice /Education</u>

Post-doctoral Psychology Resident Program Clinical Child /Adolescent/ Forensic

Clark County Community Consortium

POSTDOCTORAL TRAINING PROGRAM INFORMATION

This is a one year, full time, intensive training experience with a child and adolescent focus. One post-doctoral residency position will be available in the 2024-2025 academic year. This position is fully funded. Postdoctoral Residents are highly respected, are seen as a valuable resource and will be fully welcomed as esteemed professionals and collaborators.

The Clark County Consortium is a collaborative multidisciplinary training program comprised of two sites. Clark County Community Consortium's postdoctoral program offers advanced general training in Child and Adolescent Clinical Psychology with an emphasis on mental health needs in forensic and school-based settings. The primary rotation will be with the Clark County Juvenile Court, while a minor rotation will be with the Evergreen School District, often with youth involved in both settings.

Our training program is an organized experience designed to provide the Resident with varied planned and programmed training experiences. Our program also provides supervised clinical training in brief psychotherapy, psychological assessment, suicide risk assessment, trauma informed care, cognitive behavioral theoretical orientations, forensic issues, group therapy, and clinical consultation.

Postdoctoral residency applicants may apply to the Consortium throughout the year. Interviews are typically scheduled in late winter/early spring. Residents start their postdoctoral positions in early September.

Clark County, Washington

Clark County, Washington is located on the north side of the Columbia River in Southwest Washington, and is part of the Portland, OR/ Vancouver, WA metropolitan area, which has a population of over 2.2 million people. With a population of approximately 510,000, Clark County is home to a major branch campus of Washington State University and Clark College, a large community college.

Land acknowledgement: We acknowledge that this area is the ancestral home of many indigenous peoples including the Cowlitz, Chinook, Klickitat, Yakama, Grand Ronde, Wasco and Wishram. Many tribes from across the Pacific Northwest came to this area to trade with one another by using the Columbia River and its adjoining waterways as an intricate network of trade routes. We recognize the incredible resilience of these people despite hundreds of years of colonialism that has worked to oppress Native Peoples, erase their languages and culture, and separate them from their lands. We acknowledge that we are part of a system which has made and broken countless promises, and we have work to do to build and repair relationships with the indigenous communities in our region.

Consortium Partners

The consortium consists of two large local entities: Clark County Juvenile Court and Evergreen Public Schools. These organizations have a long history of successful collaboration in many areas – including being recognized by the MacArthur Foundation as a Models for Change site, based on the work to pro-actively intervene with truant youth to successfully return them to the education system. The juvenile court is nationally recognized for its holistic and progressive Balanced and Restorative Justice commitment. As the Consortium's Lead Organization, the court has demonstrated a strong and longstanding commitment to finding meaningful and effective ways to respond to youth with mental

health issues. It is a community leader in initiating and supporting broad collaborations to address community issues.

Professional Project: An important aspect of the Clark County Community Consortium Fellowship Program is the emphasis on professional development, including the ability to work cooperatively with peers and other professionals while developing program development/research skills. In keeping with this priority, each Fellow will be provided opportunity to engage in a collaborative project. Examples of previous projects include: Creating a journal program in detention, beginning a book group, telehealth DBT group, engaging youth in artistic murals in detention units, and collaboration on improving risk assessment procedures in detention.

Clark County Community Consortium

Clark County Community Consortium Postdoctoral Fellowship Program consortium prepares Post-Doctoral Fellows in Psychology to understand, assess, treat and coordinate services for youth suffering with a broad range of emotional distress, using the scholar-practitioner model in various contexts. Work is typically collaborative and aims to balance the needs of youth, families and communities. There is also a very high regard for human diversity and a recognition and appreciation of social influences that impact clients' perceptions, experiences, and behaviors. Our primary mode of training is "learning by doing", combined with ongoing clinical supervision. We provide an array of training seminars and experiences, multiple supervisors with varied theoretical backgrounds, and value a practical, experiential approach.

Goals & Objectives

Our program is designed to train students to practice in a highly professional and competent manner. Residents will demonstrate an advanced level of professional psychological competencies, skills, abilities, proficiencies, and knowledge in the profession of psychology, particularly working with children and adolescents. Psychology Residents will gain experience working in a forensic setting with youth clients, detention and probation staff, attorneys, and other court staff. Training experiences may include:

- Working with an array of developmental levels from a trauma informed lens. Clients may range in age from 5-21 and will include a wide range of psychological symptoms and acuity.
- Developing and refining skills in individual / group therapy, with opportunities for family therapy.
- Completing various clinical assessments, including suicide risk assessments, brief mental
 health assessments, comprehensive psychological assessments and psychoeducational
 assessments. Assessment didactic seminars will give interns and residents an opportunity to
 develop increased competency in administering, scoring, interpreting and integrating
 psychological assessments.
- Collaborating on court requested assessments of youth risk and protective factors as well as pre-disposition reports for youth eligible for suspended sentences.
- Contribute and/or participate in meetings with judges, prosecutors, defense attorneys regarding procedure/ clinical issues or needs.
- Participation in weekly didactic presentations/ group supervision with opportunities for learning and group discussions of cases, presented by both residents and practicum students. These will also include opportunities to practice professional presentation skills.
- Consultation/ Supervision: Consultation is a heavily utilized service in this setting. Residents will develop and hone consultation skills in their collaboration with detention staff, management, court staff, mental health staff, teaching staff, and school administrative staff.

- Provision of supervision to pre-doctoral practicum trainees.
- Participation in multidisciplinary case staffing.
- Working effectively in multidisciplinary settings. Residents will demonstrate the professional
 attitude, demeanor and interactive skills to maintain effective professional relationship with
 coworkers representing various disciplines, philosophies and mandates.
- Professional Identity: Through direct services, training experience, supervision and reflection,
 Residents will develop a professional identity and confidence consistent with their level of skill and training.
- Consideration of diversity, equity and inclusion factors which are relevant in clinical work and professional development.

RESIDENT PLACEMENTS & ROTATIONS

Resident will have placements with both Clark County Juvenile Court and Evergreen School District. Within these settings, additional assignments and/or rotation experiences may include Truancy Program, Detention Consultation and Wellness, Detention Support and Program Development, Juvenile Detention Alternatives, Psychoeducation to low risk youth and their families.

I. JUVENILE CORRECTIONS/ FORENSIC SITE

The Resident rotation with Clark County Juvenile Court provides broad exposure to the various ways in which children and families come before the courts, relevant law, and the complex clinical issues often presented. The juvenile court has a strong philosophy of collaboration with community partners, and the consortium is a continuation of that collaboration.

Site 1: Clark County Juvenile Court

The Clark County Juvenile Court is a division of the Clark County Superior Court and operates under the administrative authority of the Clark County Superior Court Judges. With few statutory exceptions, the Juvenile Court has exclusive jurisdiction over juveniles who violate criminal laws and who are in need of protection and/or advocacy as a result of abuse, neglect, or abandonment. Our mandate concerning juvenile offenders is multifaceted. We endeavor to protect the community, to hold juvenile offenders accountable to the community and to their victims, and to assist the community in providing youths and families with resources for positive change and maturation in becoming productive members of society. The scope of our responsibilities spans the distance from courtrooms to living rooms, ranges from police work to social work, and extends to children and families regardless of economic, social, or cultural differences. Clark County Juvenile Court has committed itself to a holistic Balanced and Restorative Justice approach in fulfilling its statutory duties and mandates. It seeks to create a justice system wherein the focus is not simply on punishment and short term external control of offenders, but wherein immediate and long-term needs of victims, community, and offenders are weighed in the balance, and all gain tangible benefits from their interactions with the juvenile justice system.

Clark County Juvenile Court Track

Residents will serve as clinicians in the juvenile court and detention center in Clark County, Washington. As a clinician, the resident will provide mental health support to juveniles involved with the court while in detention or on probation. Services may include individual and group therapy to youth who are both pre and post adjudication, suicide risk assessment, and collaboration with detention staff to support specialized programming and promote a healthy and responsive culture. Juvenile court clinicians will also provide a variety of evaluations with justice involved youth. Evaluations can include comprehensive psychological evaluations for youth who present with complex behavioral health needs and reports for the court to inform release and dispositional

decisions. The Psychology resident are also frequently called upon to provide consultation to detention, probation and court staff to effectively support supervision, safety and treatment needs.

Additional roles may include the following, dependent on court needs and candidate interest:

1. Connections: Connections is a specialized and intensive probation resource for youth with mental health issues. Connections provides the extra support mental health-affected youth and their families need for youth to grow into healthy, pro-social adults. Connections utilizes an evidence based Wraparound model to facilitate effective engagement, provide more flexibility in probation strategies, and support youth and families toward more positive and sustainable outcomes. The Connections WRAP team has the benefit of having four members assigned to each youth. Each team has a Probation Counselor, Care Coordinator, Family Specialist, and Probation Associate. The Wrap Team will set goals and check in during each WRAP meeting regarding progress. Resident/assigned clinicians serve in the role of clinical consultant to the team and will attend weekly staffing of the caseload, as well as provide direct service to youth/ families on this caseload as needed.

2. Truancy Project:

The Truancy Project is a collaboration between Clark County Juvenile Court, Education Service District 112, and Clark County School Districts. The project operates from the belief that truancy is a symptom of an underlying problem or need and that formal court involvement and juvenile detention should be used as a last resort, only after all appropriate and available resources have been tried. Early intervention is critical before a cycle of irregular attendance, school disengagement, and academic failure becomes entrenched. A coordinated, comprehensive approach provides the best opportunities for all students, maximize needed funding opportunities, and improve the future for individuals and communities. The role of the psychology Resident/Clinician in the truancy project is to serve as the primary mental health consultant to the truancy project. The Resident/Clinician may perform mental health assessments and be available for ongoing case consultation. In some cases, Resident/Clinicians will be requested to provide short term individual or family therapy to truancy youths identified as in need of mental health services.

3. Detention Wellness:

Clark County detention is dedicated to the development and maintenance of a safe environment (both community and facility) with a strong pro-social peer and staff culture, which is reflected in the philosophy. Teamwork with correctional staff is a vital part of a successful and effective program. Staff tend to know detained youth well from daily contact, and more communication with the youth than treatment providers may have. Working in a correctional setting can also present with considerable work related stress. As mental health professionals, we strive to support the wellness of the organization as a whole, which can positively impact a variety of variables which result in a healthier detention culture. Resident/Clinician may collaborate with staff and managers in detention to reinforce a consistent program philosophy, support trauma informed initiatives, discuss environmental and/or programmatic alternatives, and provide training to staff around adolescent mental health issues and general wellness.

4. HELPS (Helping, Education, Listening, Planning, Supporting)

The HELPS program is an outreach intervention at Clark County Juvenile Court, established in 2018. The HELPS program is designed to help families build their knowledge, increase family connections, provide important resource information and reduce recidivism. This program invites low risk offenders and a parent/ guardian/ connected adult to psychoeducational seminars in collaboration with community partners. Sessions are designed to be interactive and activity based. Resident/Clinicians

will have opportunities to assist in program development, facilitation of monthly seminars, and engagement with community partners.

5. Detention Support & Program Development

This rotation is comprised of time spent in the detention milieu, working with staff and youth in real time. Postdoctoral Residents engage in therapeutic support and intervention, while integrating into daily activities and milieu culture. Crisis intervention, behavioral coaching, de-escalation and skill building are used with youth as needed. Additionally, the Resident/Clinician will support a restorative environment, values and culture through consultation, programming and system based interventions. Opportunities to create and implement programming with staff and youth are encouraged.

PUBLIC SCHOOL BASED SERVICE SITE

Site 2: Evergreen Public Schools

Founded in 1945, Evergreen Public Schools (Evergreen School District #114) is the sixth largest school district in the state of Washington with 23,000 students in pre-Kindergarten through 12th grade (and up to age 21) at 35 schools. With 3,000 employees, it is the third largest employer in Clark County. Evergreen has a diverse student population including 12.9 percent special education students, a free/reduced lunch rate of 49.1 percent and a growing English Language Learner population of 13.6 percent (with 19 percent of students living in a non-English Language home). Governed by five elected School Board Directors, an experienced superintendent and skilled administrators, teachers and staff, the district holds these beliefs:

- We believe in a school system where no child is expendable. Every student, without exception, has the potential for growth, improvement, and success in life.
- We believe all students, given the right environment, will learn and excel when provided with authentically engaging work based on high standards.
- We believe that students are our priority and decisions must be made on the basis of what is best for each child.
- We believe that a world-competitive school system is dependent on utilizing the unique talents and perspectives of staff, families, and community members.
- We believe all students, given the right environment and unwavering guidance, will develop
 the skills needed to face moral and ethical life challenges with integrity, honesty, and selfrespect.

To support these beliefs, Evergreen Public Schools understands some students have special needs-physical and mental-that may keep them from fully engaging in meaningful academic work without additional resources. With 3 Clinical Psychologists, 20 school psychologists, 20 school nurses and five Prevention/Intervention Specialists available throughout the district, special education staff (certificated and classified) at every school, as well as a therapeutic day treatment school, students are provided a menu of services. Evergreen is also a member in the county-wide Threat Assessment process.

Psychology Residents may be provided opportunities to provide services at any level, but have worked most with middle/ high school age students. In this environment, the psychology Resident/ Clinician will gain experience in an education setting with a wide range of supports and interventions. Residents may take an active role in:

- Working in a variety of school and classroom settings consulting with school staff and officials. Contact may be made with the full age range, and various educational settings (e.g. mainstream, specialized classrooms, day treatment etc.).
- Conducting individual / group psychotherapy
- Completing psychological evaluations and assessments
- Conducting diagnostic interviews
- Family intervention and support
- Development and consultation on teams pertaining to student treatment needs and plans
- Collaboration on multi-system teams and wrap-around services
- Participating in district-wide threat assessment process within the district
- Reintegration support for youth returning to school from detention / incarceration

ADMINISTRATIVE POLICIES

The Postdoctoral Resident position is a 40-50 hour/week full time positions. Residency will be considered a 12 month position. In order to successfully complete from this full year program, they must complete at least 1500 hours and meet the program's competency goals.

The stipend for the 2024-2025 Resident is \$67,740. Residents are considered employees of the county and will be given full benefits, including health insurance, (medical, dental and vision), county holidays and vacation time in line with county policy/ school district calendars.

*Applicants also must pass a criminal background check as a condition of participating in this Residency.

Clark County is committed to the ethnic, cultural and social diversity of its workforce and ensuring that diversity is a key priority of our organization. Professionals at the consortium have the right to train in a workplace that is free from discrimination based on race, color, religion, creed, sex, national origin, age, marital status, the presence of any sensory, mental, or physical disability, sexual orientation/gender identity, or any other status protected by law. All Residents will receive a copy of county *due process procedures*, for a full explanation of these policies, at the beginning of their training/orientation.

At our core we believe the power of Diversity enriches everyone. Diversity brings a range of ways to understand and engage with the world, identify challenges, and to discover, design and deliver solutions. We strive to create and maintain a working and service environment that is safe, inclusive, equitable and welcoming. To this end we will treat all people with dignity and respect. If you do not share our values, please do not apply.

SUPERVISION:

Supervision occurs in both individual and group formats. Psychology resident receives at least 2 hours of weekly supervision from a licensed psychologist. Additionally, there is 2 hours a week of group supervision which includes didactic training on various relevant topics in clinical and forensic psychology. Clark County also often provides or has access to other professional development training opportunities.

APPLICATION / SELECTION PROCEDURES:

To be eligible for this position, the applicant must have obtained doctoral degree in a clinical, counseling or school psychology from an APA approved doctoral program **and** completed a predoctoral internship program.

To apply, please submit the following materials:

- A completed Clark County Community Consortium Clinical Psychology Postdoctoral Residency Application
- Current curriculum vitae
- Cover letter specifying the applicant's interest in the training site, as well as future career
 interests, and ways in which the Clark County Community Consortium fits in with your
 goals.
- A de-identified sample psychological evaluation.
- Three letters of professional reference/ recommendation
 - ** Applicants may not begin their residency until they have fulfilled all the requirements for a Ph.D., Psy.D., or Ed.D. degree (including completion of dissertation). However, they are not required to have received their diploma, since the conferral of the doctoral diploma is separate from program completion.

Please send materials to:

Dr. Krause (Christine.krause@clark.wa.gov).

Contact by email or telephone with additional questions or concerns: Ph: 360.984.4966

<u>Interviews</u>: Clark County Community Consortium may offer on-site and/or remote interviews. The selection committee will meet to review completed applications and offer invitations to interview to applicants who are believed to be a good fit with our opportunities, agency partner needs and mission statements.

<u>Position Offers/ Common Hold Date:</u> Clark County Community Consortium does not participate in the Common Hold Date outlined by the Association of Psychology Postdoctoral and Internship Centers (APPIC). Although we may extend an offer prior to the Common Hold Date, we will not require applicants to accept the offer before that date. Acceptance or declination of any offer should occur by 9am Pacific Time on day of Common Hold Date.

<u>Start Dates</u>: Start dates will typically be in the fall (early September) and will be negotiated by the Training Director to accommodate the incoming training group.

TRAINING STAFF

Chief Psychologist/ Training Director: Christine Krause, Psy.D. She/her/hers
(University of Denver, 2000)
Clark County Juvenile Court

Dr. Krause is a part –time staff psychologist at Clark County Juvenile Court. She has been with the juvenile court for 16 years. Dr. Krause has clinical experience in various treatment settings, including public schools, day treatment, diagnostic and emergency care, inpatient psychiatric treatment, corrections and community based residential care and outpatient care in both the public and private sector. Her theoretical background is cognitive behavioral, though she also draws heavily from object relations and attachment theory. Areas of interest include mindfulness, complex trauma, anxiety, resiliency, competency issues, learning disorders, and leadership development. Dr. Krause maintains a part-time clinical practice in Portland, Oregon focused on clinical and forensic assessment, clinical consultation and executive assessment and development. Dr. Krause enjoys soccer, hiking, reading, traveling, and spending time with family.

Detention Psychologist/ Associate Supervisor: Alyshia Macnab, Psy.D. She/her/hers
(Pacific University, 2018)
Clark County Juvenile Detention

Dr. Alyshia Macnab is a full time staff psychologist at Clark County Juvenile Detention center. Dr. Macnab completed her residency here at Clark County and was subsequently hired on as the detention psychologist. Her internship was completed in Santa Monica California at the Child and Family Development Center. Dr. Macnab completed her doctorate degree in clinical psychology from Pacific University in Hillsboro, Oregon. In addition to juvenile justice settings, she has experience working in schools, outpatient mental health and medical settings with the full age span. She particular enjoys working with adolescents and their families. Dr. Macnab enjoys hiking, camping, traveling, and spending time with her family.

Associate Supervisor: Audra Stave, Psy.D. She/her/hers (Pacific University, 2017) Evergreen School District

Dr. Audra Stave is a clinical psychologist at Evergreen Public Schools. She received her doctorate from Pacific University. Dr. Stave works in the Student Services department at EPS, assisting with the implementation of the district's Social-Emotional Learning and Equity initiatives. Dr. Stave provides professional development throughout the district, offers consultation for schools, provides psychological and behavioral support services, and represents the school district at Level 2 Threat Assessments. Dr. Stave's clinical experience includes various treatment settings, including schools, residential and day treatment, juvenile corrections, and community mental health. Dr. Stave's theoretical orientation is grounded in Adlerian and attachment theories, although she draws from cognitive behavioral, humanistic, and DBT as well. Dr. Stave is passionate about mental health in educational settings and working with at-risk youth.