## **Birth outcomes in Clark County**

Clark County Public Health – Health Assessment & Evaluation

Updated March 2025



## **Overview of Births in Clark County**



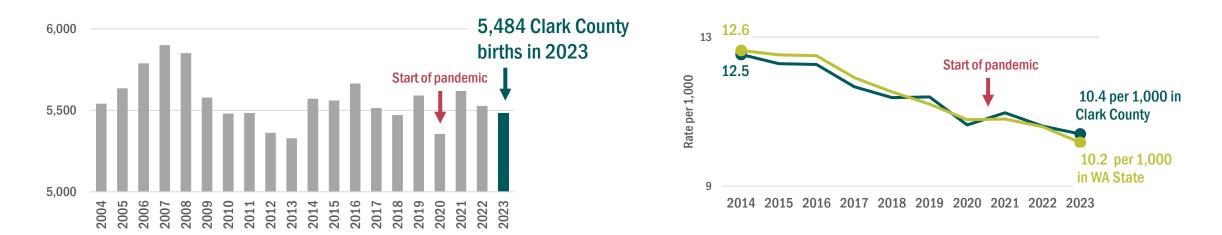
## **Births in Clark County**

Number of births in Clark County, 2004-2023

On average, there are about 5,500 births in Clark County every year.

Birth rate in Clark County & WA State

Between 2014-2023, the birth rate per 1,000 population in Clark County decreased by about 17% and decreased by 20% in Washington State.

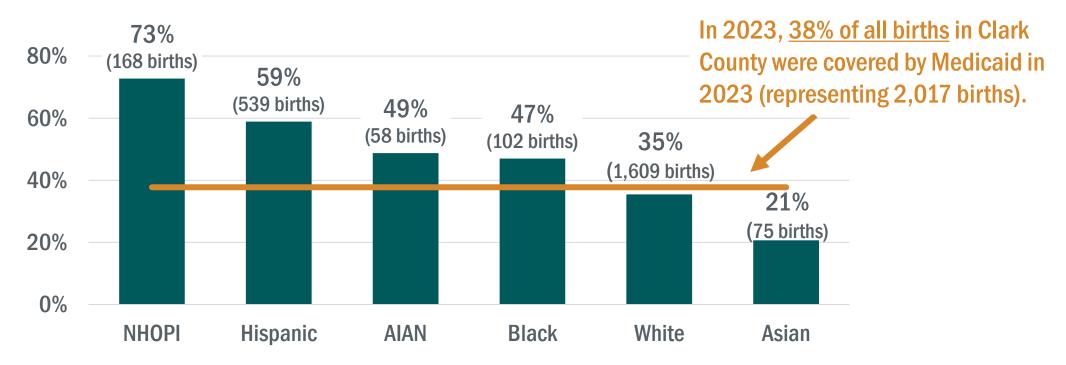


Data Source: Washington State Birth Certificate Data. Data represent births among Clark County residents.



## Medicaid births by race/ethnicity

In 2023, the highest rates of Medicaid births in Clark County were among Pacific Islander, Hispanic, and Native American birthing parents.



Note: Racial/ethnicity categories not mutually exclusive. Data include birthing parents who reported a single race as well those who reported more than one race, therefore, data will not add up to 100%. Data Source: Washington State Birth Certificate Files. Data represent births among Clark County residents.



## Births by facility, Clark County 2023

Facility	All Births	Medicaid Births	Private Insurance Births
Legacy Salmon Creek	53%	56%	54%
PeaceHealth Southwest	30%	34%	28%
Out of State	11%	6%	15%
Home	3%	2%	1%
Birth Center	1%	1%	1%
PeaceHealth St John	<1%	<1%	<1%

Data Source: Washington State Birth Certificate Files. Data represent births among Clark County residents.

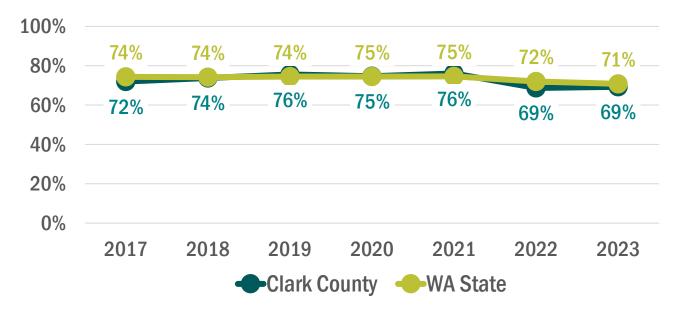


## **Prenatal Care Initiation by Trimester**

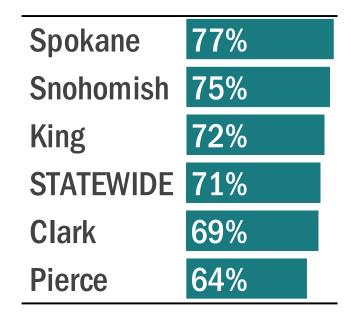


## **Prenatal care initiation**

Percent of births with 1<sup>st</sup> trimester prenatal care initiation in Clark County & Washington State



1<sup>st</sup> trimester PNC Initiation in counties like us, 2023

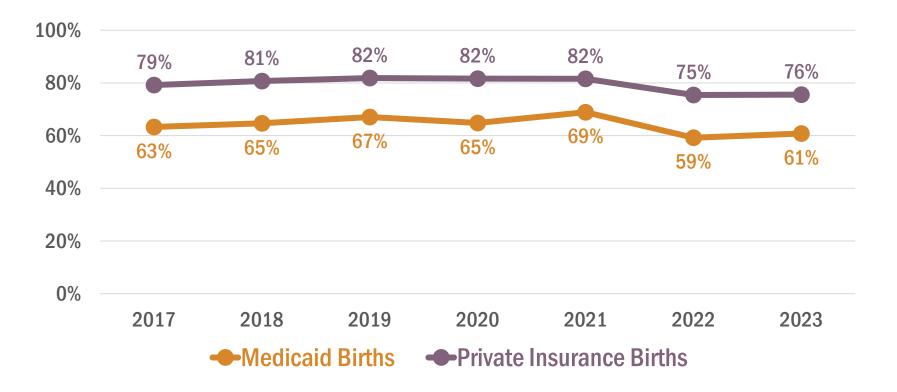


Note: Due to data quality limitations, prenatal care initiation data is missing for about 15% of birth records. Data Source: Washington State Birth Certificate Files. Data represent births among Clark County residents.



## Prenatal care initiation by source of payment

Percent of births with 1st trimester prenatal care initiation among Medicaid births and private insurance births

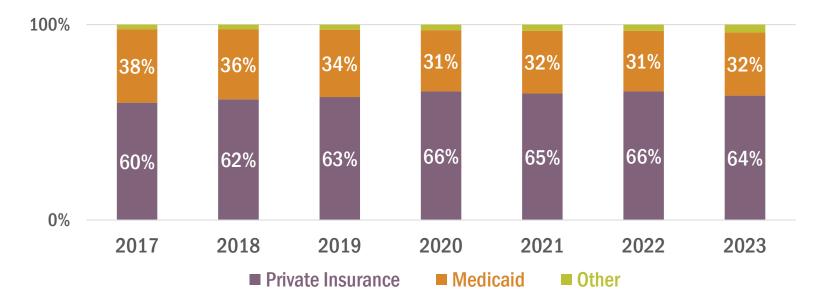




Data Source: Washington State Birth Certificate Files. Data represent births among Clark County residents.

## Early prenatal care by source of payment

Percent of births with 1st trimester prenatal care initiation covered by private insurance, Medicaid, or other sources of health care coverage



Note: Less than 5% of births were covered by other sources of payment, including self-pay, military health plan, charity, other government, or unknown.



Data Source: Washington State Birth Certificate Files. Data represent births among Clark County residents.

## **Prenatal care initiation**

### **Prenatal care initiation by source of payment** Number and percent of births, Clark County 2023

PRENATAL CARE INITIATION	All births in Clark County	Medicaid births	Private Insurance births	
1st trimester	3,297 69%	1,064 61%	2,099 76%	
2nd trimester	1,223 26%	551 31%	609 22%	
3rd trimester	171 4%	97 6%	58 2%	
No prenatal care	67 1%	38 2%	12 0%	

Note: Due to data quality limitations, prenatal care initiation data is missing for about 15% of birth records. Data Source: Washington State Birth Certificate Files. Data represent births among Clark County residents.



### **Prenatal care initiation – Medicaid by race/ethnicity**

Prenatal care initiation by trimester among <u>Medicaid</u> births by race/ethnicity Number and percent of births, Clark County 2023

	White	Black	AIAN	Asian	NHOPI	Hispanic
1st trimester	869 63%	55 63%	23 49%	47 73%	51 40%	283 63%
2nd trimester	418 30%	25 29%	16 34%	12 19%	49 38%	144 32%
3rd trimester	65 5%	<10	<10	<10	20 16%	17 4%
No prenatal care	25 2%	<10	<10	<10	<10	<10

Due to data quality limitations, prenatal care initiation data is missing for about 15% of birth records.

Note: Racial/ethnicity categories not mutually exclusive. Data include birthing parents who reported a single race as well those who reported more than one race, therefore, data will not add up to 100%. Data Source: Washington State Birth Certificate Files. Data represent births among Clark County residents.



## Adequacy of prenatal care access



### **Inadequate Prenatal Care**

The Adequacy of Prenatal Care Utilization Index (APNCU) measures how well pregnant women are getting prenatal care. It is based on two factors:

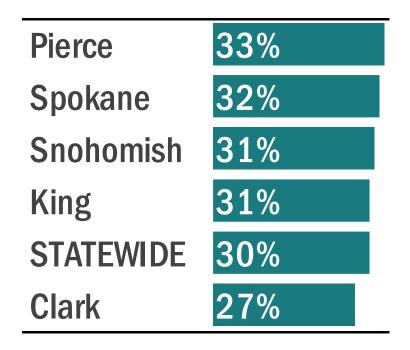
- 1. When prenatal care began
- 2. Number of visits during pregnancy

**Inadequate** prenatal care means:

- Prenatal started in month 5 or later, <u>or</u>
- Less than 80% of recommended visits were received

Note: Due to data quality limitations, adequacy of prenatal care data is missing for about 15% of birth records.

Inadequate prenatal care in Clark County, statewide, and in counties like us in 2023

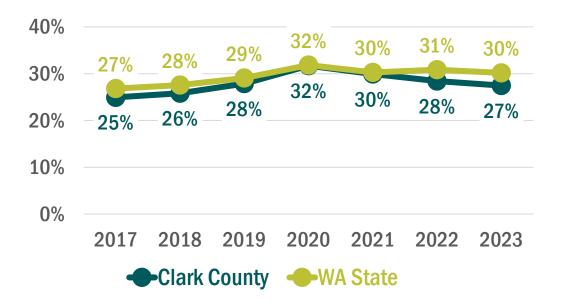




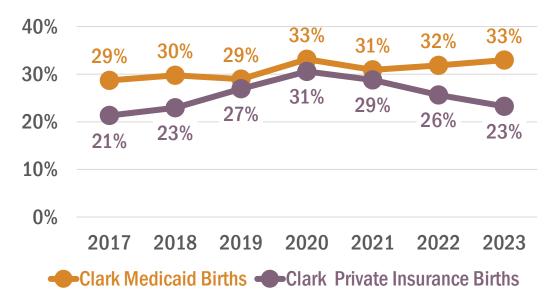
Note: Racial/ethnicity categories not mutually exclusive. Data include birthing parents who reported a single race as well those who reported more than one race, therefore, data will not add up to 100%. Data Source: Washington State Birth Certificate Files. Data represent births among Clark County residents. Reference article: <u>An evaluation of the Kessner Adequacy of Prenatal Care Index and a proposed Adequacy of Prenatal Care Utilization Index</u>.

## Inadequate prenatal care - trends

## Percent of births with <u>inadequate</u> prenatal care in Clark County & WA State



### Percent of births with <u>inadequate</u> PNC by <u>source of payment</u> in Clark County





Data Source: Washington State Birth Certificate Files. Data represent births among Clark County residents.

## Inadequate Prenatal Care - Medicaid vs private insurance

The Adequacy of Prenatal Care Utilization Index (APNCU) measures how well pregnant women are getting prenatal care. It is based on two factors:

- 1. When prenatal care began
- 2. Number of visits during pregnancy

**Inadequate** prenatal care means:

- Prenatal started in month 5 or later, or
- Received less than 80% of recommended visits

Note: Due to data quality limitations, adequacy of prenatal care data is missing for about 15% of birth records.

Percent of 2023 Clark County births that received <u>inadequate</u> prenatal care among <u>Medicaid births</u> and <u>private insurance</u> births.

Pacific Islander	65% (78 births) 33% (14 births)
Native American	37% (16 births) 26% (13 births)
Black	33% (28 births) 27% (25 births)
Hispanic	29% (129 births) 28% (89 births)
Total	33% (563 births) 23% (643 births)
White	30% (407 births) 23% (547 births)
Asian	41% (26 births) 22% (53 births)



Note: Racial/ethnicity categories not mutually exclusive. Data include birthing parents who reported a single race as well those who reported more than one race, therefore, data will not add up to 100%. Data Source: Washington State Birth Certificate Files. Data represent births among Clark County residents. Reference article: <u>An evaluation of the Kessner Adequacy of Prenatal Care Index and a proposed Adequacy of Prenatal Care Utilization Index</u>.

## **Pregnancy risk factors:** Gestational diabetes & hypertension

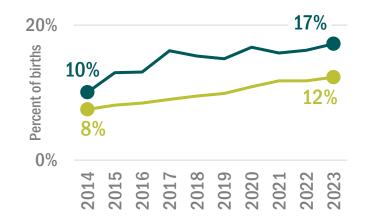


### **Gestational Diabetes**

### In Clark County in 2022, about 17% of births were affected by gestational diabetes.

#### **Gestational diabetes trend**

The percent of birthing parents with gestational diabetes increased between 2014 and 2023 in Clark County & WA State.



### <u>Age</u>

In 2019-2023, the risk of gestational diabetes was highest among older birthing parents in Clark County.



#### Race/ethnicity

In 2019-2023, Non-Hispanic Asian birthing parents had the highest risk of gestational diabetes in Clark County.

NH Asian	27%
NH Native American	19%
NH Black	19%
Hispanic	18%
NH Multiracial	16%
NH White	15%
NH Pacific Islander	14%



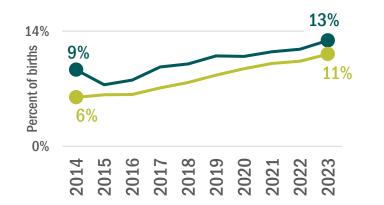
Data Source: Washington State Department of Health, Center for Health Statistics Birth Certificate Data, Community Health Assessment Tool (CHAT). Data represent births among Clark County residents.

## **Gestational Hypertension**

### In Clark County in 2023, about 13% of births were affected by gestational hypertension.

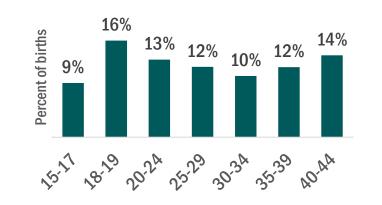
#### **Gestational hypertension trend**

The percent of birthing parents with gestational hypertension increased between 2014-2023 in Clark County & WA State.



#### Age

In 2019-2023, the risk of gestational hypertension was highest among birthing parents ages 18-19 and 40+.



#### Race/ethnicity

In 2019-2023, Non-Hispanic Pacific Islander, Native American, and Black birthing parents had the highest risk of gestational hypertension in Clark County.

NH Pacific Islander	14%
NH Native American	14%
NH Black	14%
NH White	12%
NH Multiracial	12%
Hispanic	10%
NH Asian	9%



Data Source: Washington State Department of Health, Center for Health Statistics Birth Certificate Data, Community Health Assessment Tool (CHAT). Data represent births among Clark County residents.

## **Birth outcomes:** C-section, premature birth, low birth weight

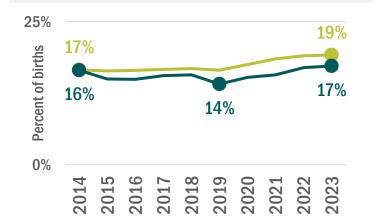


## **Delivery Method: Primary C-Section**

In 2022, about **17%** of birthing persons in Clark County had a primary c-section. (without a previous c-section)

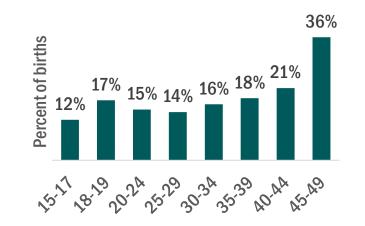
### Primary c-section in Clark County

The percent of birthing parents with a primary c-section increased between 2019 and 2023 in Clark County & WA State.



#### **Birthing parent age**

In 2019-2023, the rate of primary csection was higher among older birthing parents in Clark County.



#### **Birthing parent race/ethnicity**

In 2019-2023, the rate of primary c-section was slightly higher among non-Hispanic Pacific Islander, Native American, and Black birthing parents in Clark County.

NH Pacific Islander	22%
NH Native American	22%
NH Black	21%
NH Asian	19%
NH Multiracial	18%
NH White	15%
Hispanic	14%

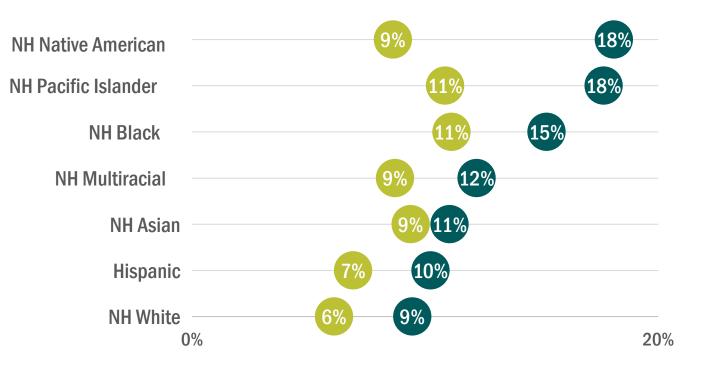
Data Source: Washington State Department of Health, Center for Health Statistics Birth Certificate Data, Community Health Assessment Tool (CHAT). Data represent births among Clark County residents.



## **Premature Birth & Low Birth Weight**

In Clark County in 2023, about 10% of births were premature and 7% of births had low birth weight.

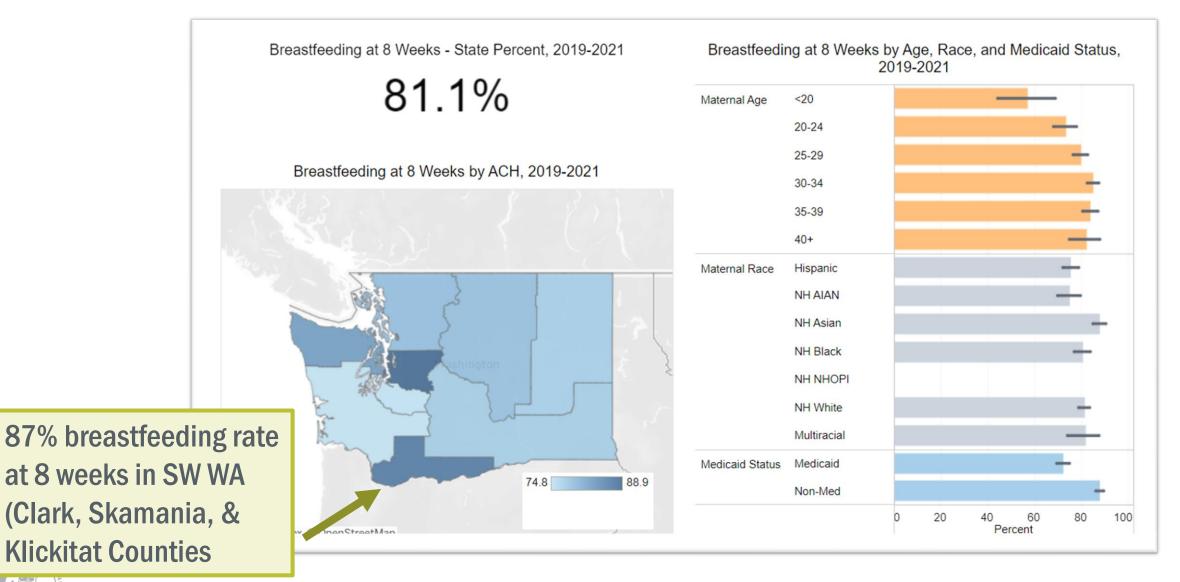
Between 2019-2023, the highest rates of premature birth and low birth weight were among non-Hispanic Native American, Pacific Islander, and Black birthing parents.





Source: Washington State Department of Health, Center for Health Statistics, Birth Certificate Data, Community Health Assessment Tool (CHAT).<sup>21</sup>

## Breastfeeding





Source: Pregnancy Risk Assessment Monitoring System (PRAMS) - Washington State Department of Health Perinatal Dashboard <u>https://doh.wa.gov/data-and-statistical-reports/washington-tracking-network-wtn/perinatal-data/dashboard</u>

# **Fetal Death**

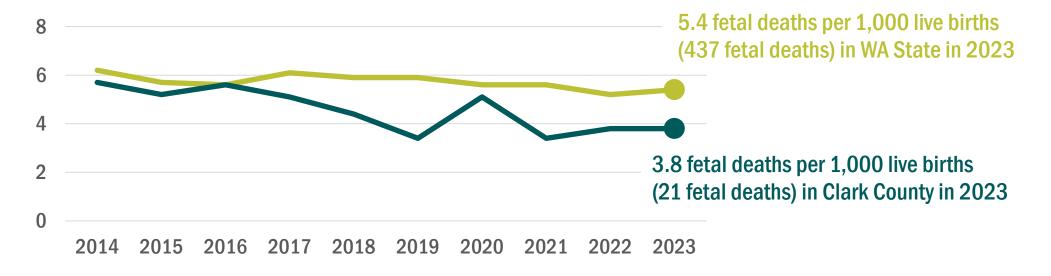


## **Fetal Death Rate**

Fetal deaths occur when a fetus has reached 20 or more weeks of gestation but dies before birth due to natural causes.

- In 2023, the fetal death rate in Clark County was <u>lower</u> than the <u>Statewide</u> rate.
- The fetal death rate in Clark County decreased between 2016-2019, and increased during the pandemic in 2020.

Fetal death rate per 1,000 live births in Clark County & Washington State







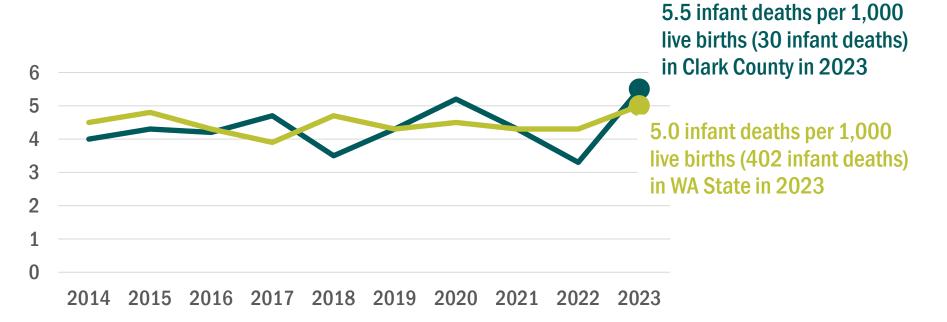
# Infant Death



## Infant Death Trend

### **Total infant death rate in Clark County & Washington State**

The infant death rate in Clark County <u>increased</u> between 2022 and 2023. Total infant death includes all deaths during the first 365 days after birth.

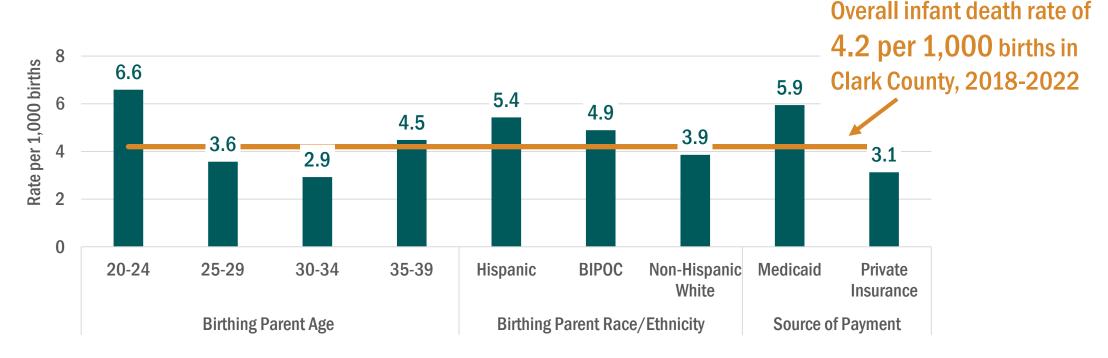


Data source: Washington State Department of Health, Center for Health Statistics, Death Certificate Data. Data represent deaths among Clark County residents.



## Infant death by demographics

Infant death rate by age, race/ethnicity, and payer status in Clark County, 2018-2022 Younger birthing parents ages 20-24, birthing parents identifying as Hispanic or BIPOC, and Medicaid births had higher rates of infant death compared to the overall Clark County population.



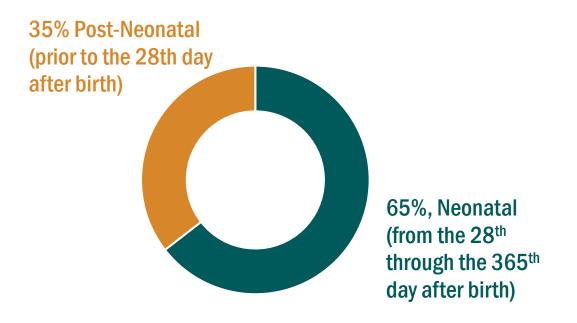


Data source: Washington State Department of Health, Center for Health Statistics, Linked Birth and Infant Death Certificate Data.

Data represent deaths among Clark County residents.

## Infant Death in Clark County

### Infant death by age, 2019-2023 Neonatal deaths represent <u>about two-thirds</u> of all infant deaths in Clark County.



### **Top causes of infant death include:**

- Congenital anomalies (22%)
- Preterm birth (13%)
- Unintentional suffocation and strangulation in bed (10%)
- Pregnancy complications (9%)

Data source: Washington State Department of Health, Center for Health Statistics, Death Certificate Data. Data represent deaths among Clark County residents.



# Sudden Unexpected Infant Death (SUID)



## Sudden Unexpected Infant Death (SUID)

- Sudden Unexpected Infant Death (SUID) is a category of infant death (less than 1 year old) that includes:
  - $_{\odot}$  Accidental suffocation and strangulation in bed.
  - $_{\odot}$  Sudden infant death syndrome (SIDS).
  - $_{\odot}$  Unknown cause.

There have been about 4 to 5 SUID deaths per year in Clark County over the last 10 years (2014-2023).

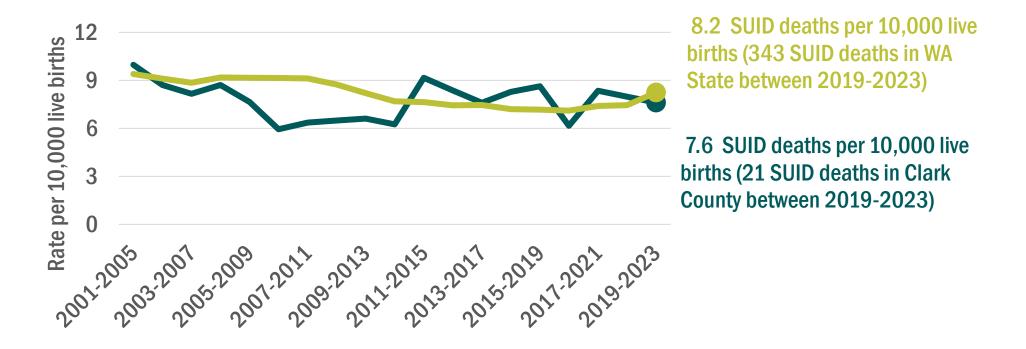
Note: SUID cases include both natural and unnatural causes.



Data Source: Washington State Department of Health, Center for Health Statistics, Death Certificate Data, Community Health Assessment Tool (CHAT); <a href="https://www.cdc.gov/sids/data.htm">https://www.cdc.gov/sids/data.htm</a>

## **Trends in Sudden Unexpected Infant Death**

SUID rate per 10,000 live births in Clark County & Washington State

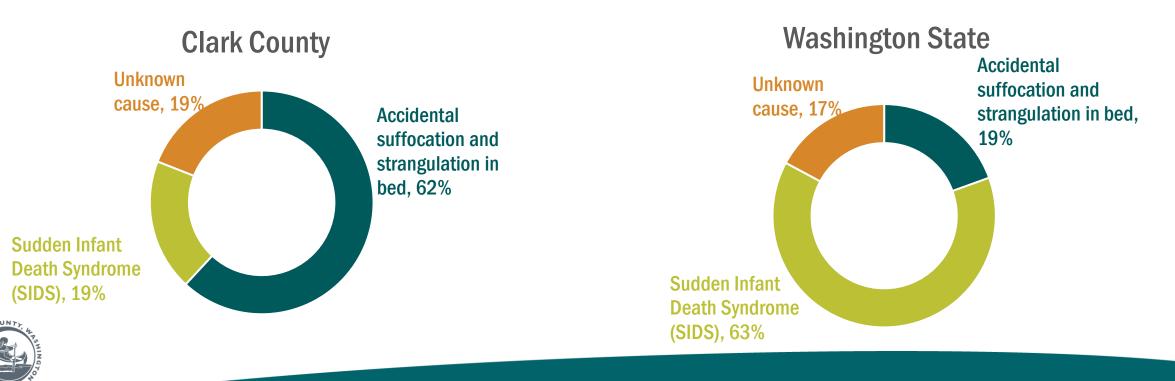




Data Source: Washington State Department of Health, Center for Health Statistics, Death Certificate Data, Community Health Assessment Tool (CHAT)

## Breakdown of SUID by cause

Sudden Unexpected Infant Death (SUID) by causes of death in Clark County & Washington State, 2019-2023 Between 2019-2023, most SUID deaths in <u>Clark County</u> were classified as accidental suffocation and strangulation in bed, while most SUID deaths in <u>Washington State</u> were classified as Sudden Infant Death Syndrome (SIDS).

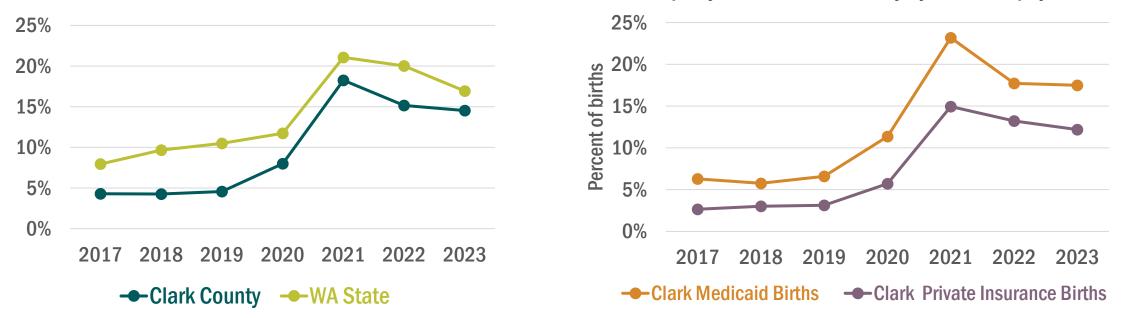


Washington State Department of Health, Center for Health Statistics, Death Certificate Data, Community Health Assessment Tool (CHAT) 32

# **Data Quality Challenges**



### Missing prenatal care data (date of first visit or number of visits)



Percent of births missing prenatal care adequacy data

Data Source: Washington State Birth Certificate Files. Data represent births among Clark County residents.



Percent of births with missing prenatal care adequacy data in Clark County by <u>source of payment</u>

### Missing prenatal care data by source of payment

2023 Clark County births with missing prenatal care adequacy data

	All Births		Medicaid Births		Private Insurance Births	
	N	Percent	Ν	Percent	N	Percent
Pacific Islander	60	26%	48	29%	<10	
Native American	24	20%	15	26%	<10	
Black	30	14%	18	18%	11	11%
Hispanic	128	14%	95	18%	28	8%
White	631	14%	260	16%	328	12%
Asian	48	13%	12	16%	35	13%



Note: Racial/ethnicity categories not mutually exclusive. Data include birthing parents who reported a single race as well those who reported more than one race, therefore, data will not add up to 100%. Data Source: Washington State Birth Certificate Files. Data represent births among Clark County residents.

## Missing prenatal care data by facility

Percent of births missing prenatal care adequacy data, Clark County 2023

	All Births	Medicaid Births	Private Insurance Births
Legacy Salmon Creek	16% (469 births)	19% (223 births)	14% (231 births)
PeaceHealth Southwest	11% (178 births)	11% (79 births)	10% (89 births)

Data Source: Washington State Birth Certificate Files. Data represent births among Clark County residents.



For more information on births in Washington, visit the statewide **Birth** and **Perinatal** dashboards.

Contact Clark County Public Health – Assessment & Evaluation team with any questions or data requests: <u>CntyHealthHAE@clark.wa.gov</u>

If you'd like to use this data for a report or presentation, we recommend using screenshot and copying into your files. If you need a customized data visual, please contact CntyHealthHAE@clark.wa.gov

