

## How does Teen Target Zero and Teens in the Driver's Seat align with WA State Health Education Learning Standards for Middle and High school?

### Health Education Core Idea : Safety

Injury Prevention  
First Aid

### Health Education Core Idea : Substance Use and Abuse

Use and Abuse Prevention                      Effects  
Legal Consequences



## How does Teen Target Zero and Teens in the Driver's Seat align with WA State SEL Standards and Benchmarks?

- Standard 1: Self Awareness** (Benchmark 1C) understanding external influences.
- Standard 2: Self-Management** (Benchmark 2B) demonstrates responsible decision making and problem-solving skills.
- Standard 3: Self-Efficacy** (Benchmark 3A, 3B and #C) individual can motivate themselves to persevere and see themselves as capable.
- Standard 5: Social Management** (Benchmark 5A and 5B) individual can make safe and constructive choices about personal behavior and social interactions.
- Standard 6: Social Engagement** (Benchmark 6A, 6B and 6C) Individual can consider others and show a desire to contribute to well-being of school and community.

## Teen Target Zero Delivery Information



The program can be delivered through various approaches, with a comprehensive implementation requiring one hour. Alternatively, specific sections may be selected or the content can be distributed over multiple sessions. The curriculum comprises three main components: seatbelt safety, distracted driving awareness, and driving under the influence (DUI) education. The DUI section, which is the most extensive (30 minutes), includes information on alcohol, cannabis, and overdose awareness.

While primarily designed for 10th-grade students, the program benefits all high school-age youth and is suitable for grades 10-12. It is specifically tailored for classroom delivery to facilitate interactive learning, rather than large auditorium presentations. Qualified presenters may include law enforcement officers, student support staff, or other trained personnel. This program can be delivered independently but has a peer-to-peer partner program, Teens in the Driver's Seat. By utilizing both programs we serve youth in multiple contexts. Keeping traffic safety awareness alive throughout the year!

## Teens in the Driver's Seat Peer-to-Peer Program

Peer learning fosters diverse perspective-sharing, enhancing comprehensive subject understanding. It cultivates collaboration and teamwork skills, valuable in educational and professional settings. When strategically implemented, peer learning creates learning partnerships, promotes collegiality, facilitates peer mentoring, encourages reflection, and develops mutual accountability. These elements significantly contribute to improved learning outcomes and workforce development. Moreover, peer-to-peer projects effectively combat social isolation and improve student mental health, further supporting overall academic and professional success.



## Teens in the Driver's Seat Delivery



Our peer-to-peer projects balance flexibility with structure. Youth plan and implement their ideas, meeting specific award criteria. Activities range from 15 minutes to several hours, depending on project scope. We provide toolkits, planning resources and staff support that is both local and national to help initiate your group's efforts. Each school can early up to \$1300 to use at their discretion.

## Youth Equity: Driving the Future of Traffic Safety

Our program's integration into schools marks a significant step towards educational equity in traffic safety, aligning with our "Target Zero" goal of eliminating traffic fatalities. This initiative addresses a growing concern: as the cost of traditional driver's education rises, many youth are opting to forego formal training. Our program fills this gap by providing general education and awareness opportunities that were previously unavailable to many students. While not a replacement for comprehensive driver's education, it equips all youth with some fundamental safety knowledge, promoting responsible attitudes towards driving. By reaching a broader audience, we're actively contributing to making our roads safer for all users, moving us closer to our Target Zero objectives.



## Launch a Program at Your School

Want more information?  
Ready to get started?  
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